

2018 Elementary Summer Camp Camper Packet



“Where the Wild Things Are”

Mira Mickiewicz, Dean

Geoff Anderla, Camping Ministries Director

July 8 — July 14, 2018

Camp de Benneville Pines

Angelus Oaks, CA



Hello campers and parents!

I'm Mira Mickiewicz, Dean of Elementary Summer Camp at Camp de Benneville Pines. I've been attending camp in the woods since I was a child and I believe in the magic that happens when we come together in the outdoors. I have worked at summer camps for twelve of the last fourteen summers as well as taught outdoor education at several outdoor schools in the SF Bay Area. I am in training to become a Unitarian Universalist minister, and just graduated from Starr King School for the Ministry. I'm looking forward to bringing my camp experience and ministerial formation together this summer!

Campers, read this:

This year's camp theme is "Where the Wild Things Are!" Have you read that book by Maurice Sendak? In it, Max goes on a fantastic journey, meeting new friends and learning new things about himself. We'll do that at camp too: we'll explore together outdoors, make art and music, play lots of games, and challenge ourselves to try new things and make new friends.

At camp, you can be your own best, unique, wild-thing self, and celebrate everyone else doing the same! We have so many fun activities planned, as well as plenty of time to just explore at your own pace. We'll take time to appreciate the beauty of the world around us and within us, and to celebrate with a Wild Rumpus at the end!!

A day in the life at camp:

8:00 AM - 8:45 AM	Breakfast
8:45 AM - 9:45 AM	Camp Improvement (service projects to make camp a better place)
9:45 AM	Story of the Day and morning snack
10:45 AM - 11:15 AM	Tree Group time — small groups to check in, learn, and play in.
11:15 AM - 12:30 PM	Morning choice activities — Arts and Crafts, Archery, Hiking, Pool, Nature time
12:30 PM - 1:15 PM	Lunch
1:15 PM - 2:15 PM	Quiet hour — chill time in the cabin: reading, napping, quiet games, etc.
2:15 PM - 3:00 PM	Worship — camper-planned each day by a Tree Group with help from our Minister
3:00 PM	Afternoon Snack
3:15 PM - 4:30 PM	Afternoon Choice activities — different each day and invented by our counselors! Some examples include: Improv, survival skills, fort building, jewelry making, etc.
4:30 PM - 5:15 PM	Discovery time — supervised free-play time in the forest of the main camp area
5:15 PM - 6:15 PM	Cabin time
6:15 PM - 6:45 PM	Theme Dinner (see below for each day's theme!)
7:00 PM - 7:30 PM	Tree Group check-in and fun time
7:30 PM - 8:30 PM	Evening Activity (Monday: Carnival, Tuesday: Campfire, Wednesday: Variety Show, Thursday: Campfire, Friday: Wild Rumpus)
8:30 PM	Evening meds and prep for bed
9:15 PM	Tuck-in
9:30 PM	Lights out

Parents and Guardians, please read the rest of this carefully BEFORE coming to camp!

Things to bring (highlights from the packing list!):

Water Bottles! Please make sure that your camper brings a refillable bottle, canteen, etc. with them to camp. We all have higher water consumption needs at higher altitudes, and staff will proactively have campers drink water often.

Tie-Dye items: Each camper will have the opportunity to tie-dye something during the week. Please remember to send your camper to camp with one or two 100% cotton thing(s) which they can tie-dye during this annual camp activity. Please include a sealable plastic bag as well, so the wet item(s) can go home safely. Even if your camper says they're not interested now, please send something just in case.

Costume/theme items: Each dinner has a theme:

- Monday: **Cabin Pride** (dressing alike or with a similar theme as cabin-mates)
- Tuesday: **Funky Forest Friends** (something animal or nature-inspired)
- Wednesday: **Wacky Hat/Hair**
- Thursday: **Fancy/Dress-up**
- Friday: **Wild Things!** (A costume celebrating the unique "Wild thing" of each camper. They'll have time to work on this at camp as well and will be worn for the Wild Rumpus that evening!).

Please help your camper plan and pack for these special events as they can be an important part of the camp experience. They are also optional, so no pressure to have anything "wacky" or "fancy" – it's just for fun.

DO NOT bring to camp:

Electronics: Please *do not send electronics* with your campers. Something to listen to music with ear buds or headphones is fine to be used at bedtime as long as it is only a music-player. (If your camper does bring something to listen to music at night, it will be put away in a counselor room during the day.) No video games, cell phones, laptops, iPads, etc., will be allowed for any other purpose. We do encourage campers to bring cameras and ask that they only bring actual cameras, not phones for the camera feature.

Food: No food is allowed in the cabins, including gum. Not at all. Please don't send food with your camper or mail it to them during camp. If your camper has special dietary needs or may require additional snacks, please give those to the camp nurse at check-in so your child will have access to it as needed.

Money: The camp has a small store that sells snacks and souvenirs. Campers can only spend money in the camp store during check-in and check-out. NO MONEY will be accepted from campers during the camp and having it is only a liability, so please don't send it. All campers will have a small credit in the camp store so they can buy a souvenir or something that catches their eye during the week.

Things to know:

Please take time to read over the enclosed **Camp Covenant** and discuss it with your camper(s). It contains some very important information about camp expectations and the community we intend to create. It will need to be signed by all campers and parents/guardians before any camper can be fully checked-in. Note that there is a parent portion of the covenant as well — please be proactive about addressing any concerns you have about your camper with me!

Sunday/Check-in: Between 2:00 PM and 4:00 PM on Sunday, July 8th. Please give yourselves time to get acquainted with the property and get your camper all moved-in by 4:00 PM. Once your camper is checked-in you will be able to leave. Please allow at least 30 minutes for the check-in process, although sometimes lines can make it longer (this includes turning in paperwork, going to the cabin, making a camper name tag, etc.). Please do not try to check in prior to 2:00 PM, as we use Sunday pre-camper time for important staff training and won't be ready for check-in until then.

Saturday/Check-Out: On Saturday morning, we have a pajama breakfast before packing and cleaning camp. We will have a closing ceremony from 10:00 AM — 11:00 AM which parents are encouraged to attend. Final check-out will be between 11:00 AM and noon.

I am so excited for camp! I will be contacting all camper families in the next several weeks to check-in and answer questions. Please feel free to contact me directly as well. We have seen many people transformed by the de Benneville Pines camp experience and this will truly be an amazing week for all of us.

May the camp spirit be with you!!

In love,

Mira Mickiewicz
Elementary Camp Dean

2018 Elementary Summer Camp General Information

Arrival and Departure Times:

Check in will be from 2:00 PM to 4:00 PM on Sunday July 8th, 2018. Please be sure to bring all completed forms with you at that time.

If your camper is riding with another family, be doubly sure that all the forms are completed and that they arrive with your child. No one may remain in camp without all forms completed and signed by his/her parent or guardian.

Please pick up your camper between 11:00 AM and 12:00 PM on Saturday July 14th, 2018. **Attending the camp closing is an important part of the camp experience. Please do not pull your camper out of the closing. Coffee and restrooms are available at the lodge if you arrive before the closing has finished.** The last meal served will be breakfast on the 14th so please feel free to pack a snack or lunch for your camper to enjoy in the car. Camp does provide snacks at check out. There will be no supervision provided after 12:00 PM on the day of departure.

Arranging Transportation:

If your camper needs a ride to camp or you can offer another camper a ride, please send a message explaining your need or the area you can offer a ride to or from to the registrar in the camp office (909) 794-1252 or registrar@uucamp.org. They will be happy to send your request and contact information out via an email message to other campers attending from your area.

Health and Safety:

Enclosed are several forms. **The forms must be filled out completely.** No camper may check in without having **ALL** forms completed and signed by a parent or guardian. Please fill out the appropriate health form. Two choices are included in this packet. **NO EXCEPTIONS.** Campers without completed forms will not be allowed to stay at camp.

de Benneville Pines Camp Policy:

We are dedicated to providing a safe and fun community for youth and staff. Disruptive items and behavior threaten the peace and safety of the community. We therefore have rules that we ask all campers and staff to adhere to. Campers and staff are expected to abide by these rules or they will be sent home. Please review with your camper the "Camp de Benneville Pines Youth Camp Rules and Behavior Policies" included in this packet, then have your camper read and sign the "Camp Covenant". The guidelines and rules will be reviewed on the first day of camp.

Registration Refund Policy:

Should your camper need to cancel prior to arrival for any reason, the \$75 deposit is non-refundable. If your camper needs to leave camp early for any reason, the full camp fee is non-refundable.

Theft and Missing Articles Policy:

Neither the camp, nor its employees will be held financially responsible for any lost or stolen clothing, articles, or money. Please send only used or worn equipment to camp. We encourage campers to leave valuable items and new clothing at home. Should your camper have a tendency to misplace things, please mark their name on all items. Any Lost & Found articles are held at camp for four weeks and will be shipped back at the owner's pre-paid expense. All unclaimed Lost & Found items will be donated to local low-income families.

Telephone Policy:

Please do not send electronics or phones with your campers. MP3 players with headphones will be allowed at bedtime only. No video games, cell phones, laptops, iPads, CD players, etc. will be allowed. We UNPLUG at camp. Please have your campers bring actual cameras. We encourage photo taking, but since cell phones are not allowed, **do not send a cell phone for its camera feature. We do have a camp camera that will be passed around for campers to take their own personalized photos.**

Please allow your camper to adjust to camp without phone calls from home. Campers are rarely near a phone and it can be difficult to locate them quickly. Non-emergency calls are highly discouraged. Please do not ask your camper to call home routinely and do not send your camper to camp with a cell phone. Unnecessary phone calls can disrupt your camper's emotional state and make him/her homesick. Encourage your camper to write postcards or letters and send them mail from home. If you have an emergency, please call Geoff Anderla at 623-252-5619.

Camp Store:

During camp, the store is only open during Check-in and Check-out so please do not send your camper with any money.

If you have any questions or need clarification about the policies and procedures in this packet, please feel free to contact Geoff Anderla, Camping Ministries Director, at pswdcmd@gmail.com or 623-252-5619.

Camper Profiles

Camper Profiles are being collected electronically. It is very important that this online form is filled out and returned over the next couple of days so the adult leadership has plenty of time to review your youth's information. We want your youth to be as comfortable as possible while at camp, and the *Camper Profile* gives us insight into life changes, special issues, needs and fears.



Please fill out form at the link below:

<http://bit.ly/2018Profile>

CAMP DE BENNEVILLE PINES

YOUTH CAMP RULES AND BEHAVIOR POLICIES

1. All persons using the Camp facilities must comply with all federal, state and local laws.
2. Most camper housing is in single-gender cabins at this camp unless your youth has parental permission to be in the gender-neutral cabin.
3. Curfew is defined as the time after which all campers are to be in their own cabins.
4. Campers may not leave the campgrounds at any time during camp without the permission and supervision of adult staff.
5. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. Use of a camp landline, tools, power tools, camp machinery and/or wood burning stove requires the permission of the Camp Director and adult supervision. There is no use of the First Aid Station without the supervision of the nurse.
6. No visitors are allowed during camp.
7. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. **NO PRANKS.**
8. Dangerous or disruptive behavior of any kind will not be tolerated; any camper engaging in such will be immediately sent home. This includes the use of rude and abusive language.
9. **Closed toed shoes must be worn when a camper is outdoors.**
10. No tree climbing or rock throwing.
11. No youth camper may use the hot tub at any time, under any circumstances. Proper swimsuit attire is required for swimming; no street clothes are permitted in the pool.
12. No drugs, alcohol or weapons are allowed at camp. All prescription and over-the-counter medications must be turned in to our Camp Nurse during camp check-in. The use of all medications is to be monitored by the camp health professional and adult staff. Medications must be in their original packaging.
13. Campers may not engage in sexual activities while at camp.
14. PSWD Youth Camps are **SMOKE FREE**. Campers and staff may not smoke at camp. This includes vape pens and e-cigarettes.
15. No hair dye or permanent inks or hennas allowed inside cabin bedrooms, bathrooms or kitchens. Use only at the arts/crafts area.
16. In the event of an emergency, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Director for further instructions.
17. No weapons or guns may be brought onto the Camp premises.
18. No explosives, flammable liquids or poisonous substances shall be brought to Camp.
19. Camp dogs are never to leave the camp premises without permission of the Camp Director.
20. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are **NOT** allowed inside Camp buildings.
21. The burning of candles, lanterns or incense is **NOT** allowed inside any building or recreational vehicle on Camp property.
22. We **DO ASSESS** damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture.
23. There is No WiFi access in Camp. It's time to unplug and enjoy Camp.
24. Camp vehicles will **NOT** be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.

YOUTH CODE OF CONDUCT AGREEMENT - ELEMENTARY SUMMER 2018

I have read and understand the rules of camp and agree to abide by them while in attendance at camp. I agree to accept established consequences in the unfortunate event I violate these rules or engage in any activity or behavior which is disruptive to the camp community. Furthermore, I pledge to be an active participant in the building and nurturing of a loving spiritual community and to conduct myself in a manner which is respectful of myself and others.

(Camper Sign Here)	(Today's Date)	(Age)	(Birthday)
Signature of Camper	Date	Age	Birth date
Camper Email: (Camper Email Here)		Camper Cell: (Camper Cell Here)	

PARENT ACCOUNTABILITY STATEMENT

I am aware my child/ward will be attending the Elementary Camp between the dates of July 8th, 2018 and July 14th, 2018. As parent/guardian of, _____, I have completely read and understand the rules for camp and am aware that there are set consequences for the violation of these rules. I agree that if my child does not comply with the rules of camp as published and posted at camp, I will arrange for the prompt departure of my child without refund of any camp fees. *Furthermore, should my child be responsible for damaging the camp, its equipment, or the property of another camper, I will pay to replace or repair said property.*

(Parent Sign Here)	(Today's Date)
Signature Parent/Guardian	Date
Email: (Parent Email Address Here)	

I am also signing above stating that should my child, for any reason, need to be sent home prior to the closing date/time of camp, and I am not available to pick up my child, the name of the responsible adult with whom the camp staff may release my child is the table below and I also certify that I have contacted the alternate contact below and they have agreed to be responsible in my absence.

(Alternative Contact Name Here)	(Relationship to Camper)
Full Name of Adult in case of Parent/Guardian not available	Relationship
Best Contact Phone Number(s): (Alternative Contact Phone Number Here)	

Camp de Benneville Pines
Elementary Summer Camp 2018

Camp Covenant

In the spirit of maintaining a healthy camp community, all campers and staff who participate in Camp de Benneville Pines Elementary Summer Camp are asked to agree to the following expectations. We will refer back to this covenant throughout camp as necessary to ensure that we maintain a safe and loving space for everyone.

Elementary campers are expected to:

- Treat other campers, camp staff, and the camp grounds with respect (**Be Respectful**)
 - Use kind and thoughtful language
 - Ask before touching other people or their belongings
 - Treat the land, forest, animals, and buildings with care and respect
- Do their part to create a great camp community (**Help the Team**)
 - Participate in daily activities, cabin time, and camp improvement projects
 - Keep cabin and personal space clean
 - Reach out to others who are having a hard time
- Make choices for the safety of themselves and others (**Pay Attention**)
 - Not physically hurt any camper or staff member
 - Stay within approved areas of camp and travel in groups of three or more
 - Listen to and follow the guidance of their counselors and other staff
- Make the best of the camp experience (**Always Grow**)
 - Talk to their counselors and/or the Dean if they feel uncomfortable
 - Ask for help if needed
 - Challenge themselves to try something new every day

Camp counselors, program staff and Dean are expected to:

- Treat campers, camp staff, and the camp grounds with respect (**Be Respectful**)
 - Listen to campers when they have concerns
 - Respects campers' rights to privacy when sharing their feelings and concerns
- Do their part to create a great camp community (**Help the Team**)
 - Provide an inclusive, fun, and encouraging community to all campers
 - Speak directly to campers who have violated the covenant
- Make choices for the safety of themselves and others (**Pay Attention**)
 - Continually evaluate all activities for risk and choose safer alternatives
 - Remove campers from activities when they put themselves or others in danger
- Make the best of the camp experience (**Always Grow**)
 - Listen respectfully to feedback from campers and other staff
 - Strive to learn new skills and improve in their job at camp

Campers' parents/guardians are expected to:

- **Be respectful** of camp planning needs by communicating openly with the Dean about campers' specific (medical, social, emotional, intellectual) needs or concerns *as soon as possible*
- **Help the Team** by speaking to their campers about the covenant and ensuring that they understand the expectations
- **Pay Attention**/ensure safety by being available to the Dean for phone conversations during the week of camp
- **Always grow** by allowing their camper the space to enjoy camp, learn and grow, make mistakes, and return with stories, questions, and joy!

We understand the covenant and agree to what it says. We know that when campers break covenant, camp staff will take steps to bring the campers back into covenant, which can include conversations, working together to fix what has gone wrong, taking time off from activities, or even returning home in more extreme cases. We agree to work toward a loving camp community and to act in ways that are respectful to ourselves, to others, and to the camp.

Camper Printed Name: _____

Camper Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Notes from the Camp Nurse

Hello Campers & Parents!

My name is Holly Provan and I am your Camp Nurse for 2018 Elementary Summer Camp. I am so looking forward to meeting everyone on July 8th! Camp is almost here and here are some reminders:

1. **IMMUNIZATIONS & INSURANCE** – Remember to bring a copy of your child’s complete immunization record (or waiver form) AND a copy of the front and back of your child’s insurance card. These items must accompany the “Release Form”.
2. **MEDICATION** – Please bring all prescription and over-the-counter medications in original, properly labeled containers. Bring medications with you to the registration table so they can be registered with the Camp Nurse and transferred to the infirmary. Rescue inhalers (Albuterol) may be kept with the camper, but please notify the nurse that the camper has the inhaler.
3. **ALLERGIES** - If your child has an allergy, especially bee stings or peanuts, make sure you bring a supply of Benadryl® and an Epi-Pen (twin pak)®. The EMS response time is 30 minutes so each camper needs two (2) Epi-pens for safety.
4. **ASTHMA & HAYFEVER** – Even if your child has not had to use their Albuterol inhaler or Antihistamine for some time, camp is the place they will probably need them. Inhalers can be kept with the camper or in the Infirmary. Antihistamine medication is kept in the infirmary.
5. **BEDWETTING** – It happens! No worries. If your child requires special accommodations, please feel free to call me at the number below to discuss your camper’s unique needs. And send along a plastic sheet to protect the mattress.
6. **ADHD/MENTAL HEALTH NEEDS** – I recommend that campers continue medications for ADHD and mental health needs while at camp. We are quite busy at camp, with planned activities throughout the day and evening, so medications that are useful at school and home can also help your child be successful at camp.
7. **SPECIAL DIETS** – While our fabulous kitchen crew can accommodate many dietary needs or preferences (i.e. vegan, vegetarian, gluten-free), it’s always a good idea to send food items to camp to supplement a limited diet plan (i.e. Gluten free breads and cereals). These items can be stored in the kitchen and lodge refrigerator. Please don’t send food to camp unless your child has dietary issues. We feed kids well!

8. PHONE CALLS – Please allow your camper to play and explore camp without having to check in with you each day. Keep cell phones at home, and we will call you if there is a problem. And, speaking of calling.....during camp, please feel free to call me at the number below. If there is no answer, leave a message and I will call you back.
9. EMERGENCIES – Please know that we prefer to err on the side of caution in an emergency. EMS response time is long, so we want people to get checked out before it becomes an emergency. We can handle bumps and bruises, minor cuts & scrapes, sprained ankles and give over-the-counter medications (ibuprofen or acetaminophen for headaches and mild pain, allergy medications etc, hot or cold packs as needed. If a more serious emergency arises, this may require transportation down the mountain.



My name is Holly Provan, and I am a Registered Nurse. I work as a part-time School Nurse and also in Cardiology in Burbank CA. I grew up attending sleep-away camps as a child, and spent a week every summer at UU Eliot Institute in Washington State. I am also a mom of two very spirited elementary girls. If you would like to contact me prior to camp, feel free to email me at holly.provan@gmail.com. Please allow a day or two for response!

Thanks!

Holly Provan, RN, BSN
Camp Nurse Email: holly.provan@gmail.com

Emergency Information and Release Form for Youth Attending Camp de Benneville Pines

Name _____ DOB _____ Age at camp _____

Address _____ City/State _____ Zip _____

Custodial Parent _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Gender: Male ___ Female ___ Gender Neutral ___ Will you be out of town while your child is at camp? YES / NO

Additional Parent/Guardian or Emergency Contact (required) _____

Home Phone _____ Cell Phone _____ Email _____

If not available, Notify: _____ Relationship _____

Home Phone _____ Cell Phone _____ Email _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) Parent/Guardian Authorizations: The attached health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted below. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the child named above. This complete form may be photocopied for trips out of camp.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

Emergency Information

Medical Insurance Company _____ (attach a photocopy of front and back of health insurance card to form)

Policy # _____ Group # _____

Restrictions: Red Meat Pork Dairy Products Poultry Seafood Eggs (circle all that apply) Other _____

Explain any restrictions to activity: what cannot be done, what adaptations or limitations are necessary (use other side for additional information) _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information) _____

Describe reaction and usual management of reaction (use other side for additional information) _____

Signature _____ Date _____

Camp Dates

Cabin

Camper Name

Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle one: the camper **takes NO medications** on a routine basis the camper **takes medications** as follows:

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications

General Questions (explain "yes" answers below)

Has/does the camper:

- | | |
|----------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 1. Had any recent injury, illness or infectious disease? Y / N | 16. Ever had a back problem? Y / N |
| 2. Have a chronic or recurring illness/condition? Y / N | 17. Ever had problems with joints (e.g. knees, ankles)? Y / N |
| 3. Ever been hospitalized? Y / N | 18. Have an orthotic appliance being brought to camp? Y / N |
| 4. Ever had surgery? Y / N | 19. Have any skin problems (e.g. itching, rash, acne)? Y / N |
| 5. Have frequent headaches? Y / N | 20. Have diabetes? Y / N |
| 6. Ever had a head injury? Y / N | 21. Have asthma? Y / N |
| 7. Ever been knocked unconscious? Y / N | 22. Had mononucleosis in the past 12 months? Y / N |
| 8. Wear glasses, contacts or protective eyewear? Y / N | 23. Had problems with diarrhea/constipation? Y / N |
| 9. Ever had frequent ear infections? Y / N | 24. Have problems with sleepwalking? Y / N |
| 10. Ever passed out during or after exercise? Y / N | 25. If female, have an abnormal menstrual history? Y / N |
| 11. Ever been dizzy during or after exercise? Y / N | 26. Have a history of bed-wetting? Y / N |
| 12. Ever had seizures? Y / N | 27. Ever had an eating disorder? Y / N |
| 13. Ever had chest pain during or after exercise? Y / N | 28. Ever had emotional difficulties for which professional help was sought? Y / N |
| 14. Ever had high blood pressure? Y / N | 29. Waived or missed any scheduled immunizations? Y / N |
| 15. Ever been diagnosed with a heart murmur? Y / N | |

Please explain any "yes" answers, noting the number of the questions: _____

Name of family physician _____ Phone _____

Name of family dentist/orthodontist _____ Phone _____

Use this space to provide any additional information you believe the camp staff should be aware of regarding the campers behavior and physical, emotional, or mental health: _____

Authorization to Treat During Transportation/Carpooling to Camp

Permission Form:

My child/ward has permission to travel to and from Camp de Benneville Pines near Angelus Oaks, California. I understand that the camp is not responsible for the safety of my child until my child has been properly checked in at the time of registration. Furthermore, once my child checks out of camp on the final day, the camp is no longer responsible for the safety of my child. Unless otherwise contacted by me, my child has permission to carpool to and from camp with the following adults (**please include names of all adults permitted to pick your child up from camp, including parents**):

Name _____ Hm Phone _____ Cell Phone _____

Emergency Authorization to Treat:

I hereby give permission to the medical personnel selected by my child/ward's driver to order x-rays, routine tests and treatment for my child/ward; and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the driver of my child/ward to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child/ward named above. This form may be photocopied. I recognize that neither de Benneville Pines, Inc., nor the Pacific Southwest District of the Unitarian Universalist Association is responsible for persons car pooling to or from camp.

Signature of parent/guardian _____ Date _____

During the times my child will be transported to and from camp, you should be able to reach me:

To Camp - Phone _____ Alternate Phone _____

From Camp - Phone _____ Alternate Phone _____



What to Bring

Please pack the following items to ensure your child has a safe and enjoyable time at camp:

- Hat with brim
 - Sunglasses
 - Long sturdy pants (2)
 - Long-sleeved shirts (2-3)
 - Shorts/skirts (3)
 - Comfy pants (1)
 - T-shirts/tank tops (6)
 - Sweatshirt or jacket (evenings can get chilly!)
 - Pajamas
 - Clean underwear (8)
 - Socks (6-8)
 - Bathing Suit
 - **Closed toed shoes suitable for hiking (2 pairs)**
 - Sleeping bag or sheets and blanket
 - Pillow
 - Bug spray/repellant
 - 2 towels—1 for swimming pool, 1 for personal use
 - Dirty clothes bag
 - Prescription meds (if needed) in original med bottle
 - Soap, shampoo, comb and/or hairbrush
 - Toothbrush and toothpaste
 - **Sunscreen(at least SPF 30) and lip balm (with SPF)**
 - Journal for drawing and reflections and 2-3 pens/pencils
 - Flashlight/headlight and fresh batteries
 - **Water bottle — refillable**
 - Small-ish backpack for carrying water bottle, book, camera, journal, sunscreen, etc., around camp
 - ‘Wild Things’ costume for Friday’s Wild Rumpus (can add to it at camp!)
- Optional:**
- Books, jokes, skits, stories, games
 - Camera and fresh batteries
 - Flip flops — ONLY for use at pool!
 - Costumes, silly hats, etc., for themed meals

Bring two (2) all white, 100% cotton items in large ziplock baggie for tie-dying

Leave cell phones and electronic games at home!

Please LABEL every item you send to camp with your camper’s full name

— it helps with lost and found!!



If you need to reach camp, here's some handy information:

Janet James, Executive Director:

Cell phone: (909) 435-6298 Email: director@uucamp.org

Geoff Anderla, Camping Ministries Director:

Cell phone: (623) 252-5619 Email: pswdcmd@gmail.com

Laura Chamberlin, Registrar

Voice Mail: (909) 794-1252 Email: registrar@uucamp.org

Mira Mickiewicz, 2018 Elementary Camp Dean

Voice Mail: (707) 602-7219 Email: UUCampMira@gmail.com

Camp Office: (909) 794-2928

Camp Lodge: (909) 794-8712

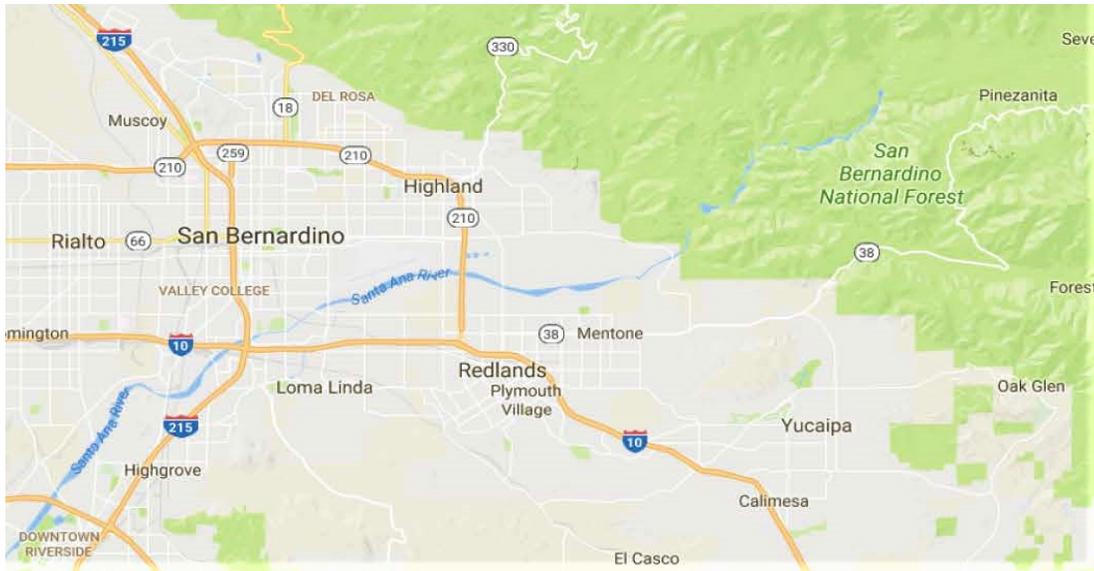
Camp Email: uucamp@aol.com

Camp Website: www.uucamp.org

Camp Address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305

Directions on website: <http://www.uucamp.org/about-2/directions-to-camp/>

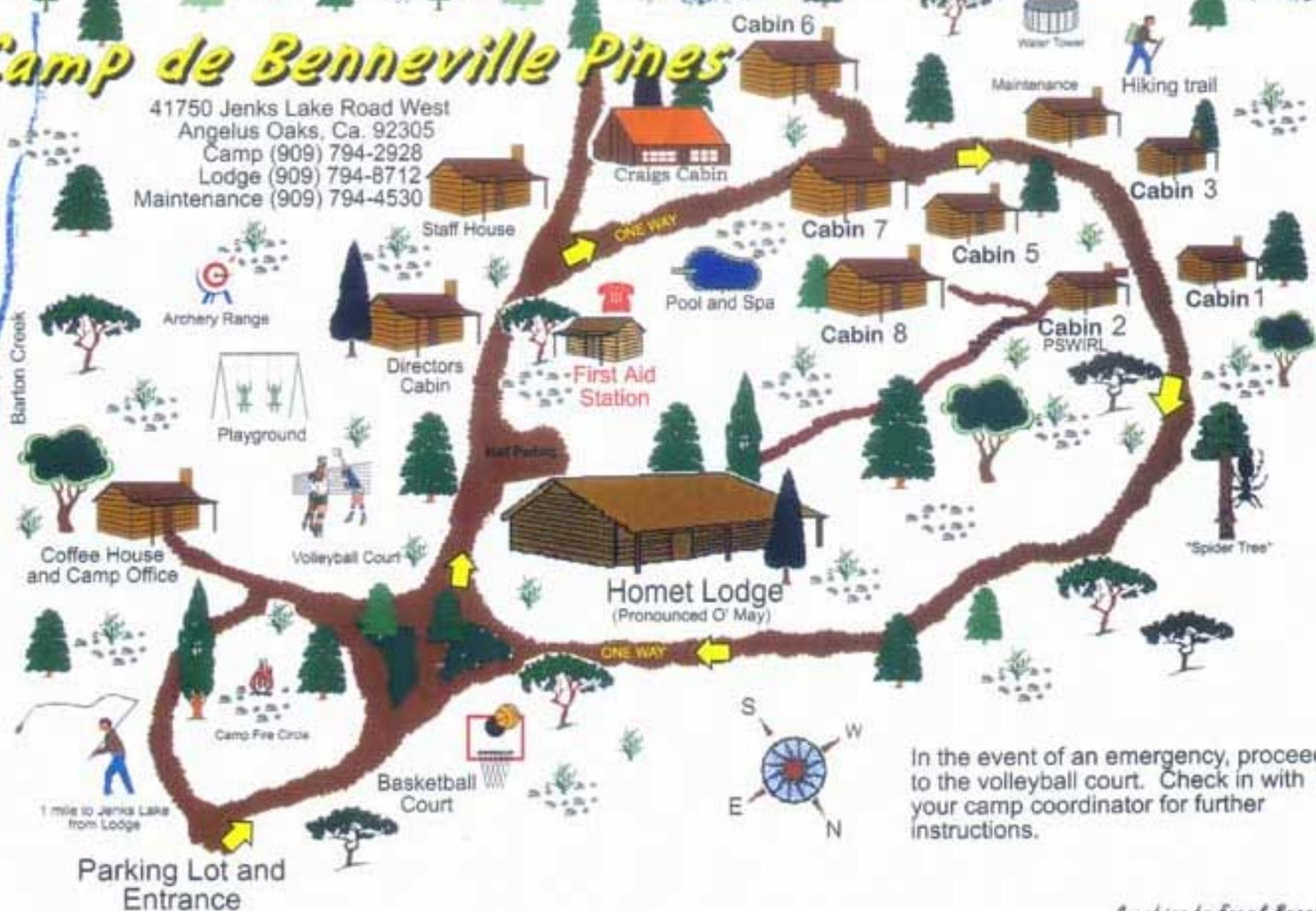
DIRECTIONS to Camp de Benneville Pines



- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in **BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in **BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in **BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

Camp de Benneville Pines

41750 Jenks Lake Road West
Angelus Oaks, Ca. 92305
Camp (909) 794-2928
Lodge (909) 794-8712
Maintenance (909) 794-4530



In the event of an emergency, proceed to the volleyball court. Check in with your camp coordinator for further instructions.