

**CAMP SUMMER BREAK
AND
SINGING IN THE PINES
2018**



**CAMPER PACKET
CAMP DE BENNEVILLE PINES**

July 28, 2018

Camp de Benneville Pines: *Summer Break & Singing in the Pines*

Saturday, August 11 thru Wednesday, August 15, 2018

Information Packet

Hi-ho campers,

This is your camper information packet. Put it in a place that you won't forget and be sure to check it while you pack for camp.

Notice to *Singing in the Pines* campers: You need to attend Saturday's 3:00 pm music session in the Coffee House with Scott Roewe and Rev. Riddell.

That said, HOORAY for camp! This year's theme is **The Music of Life**. How is the music in your life played? It may be feeling your pulse while hiking, consciously tuning into nature's harmonies, belly-laughing with close friends, or keeping time to some familiar ditty as you sweep the floor. Music comes to us in many forms and is experienced through all our senses. Join us to explore music of life and the world that orchestrates it.

Live from the Amphitheater

Every morning camp chaplain Reverend Carolyn Owen-Towle and impromptu participants will kick off the day with worship. Next our key-note speaker Peter Bolland will share philosophy and stories that will help you through life's journey. Each night, beginning Saturday, great performers will delight you with their musical artistry.

Presenters of Note

Returning to Camp Summer Break, by campers' requests, Reverend Tom Owen-Towle will conduct daily discussions. His topic this year will help you prepare for the end of life. Also, award-winning writer Chris Epting will facilitate daily writing workshops. Bring a pen and notebook to both these sessions.

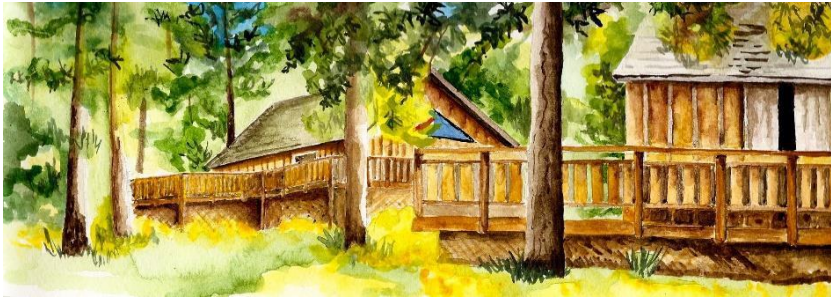
Other Jazz to Keep You Out of Treble

Of course, we have afternoon activities—after all, it is camp. Make a craft, draw, or attend a talk (check out the Sunday pm workshop by a master trombonist). Hike, swim, or take a nap. Be sure to come to Happy Hour and join other campers on the porch for snacks, adult beverages, and an old fashion community sing (musical instruments welcome).



Of all the paths you take in life, make sure a few of them are dirt. —John Muir

How to Have a Fantastic First Day.....



Bring a picnic lunch and arrive at camp early enough on Saturday to relax, socialize, tour the camp and acclimate to the altitude.

1:00-3:00 pm - Check in with the registrar in the Lodge and turn in your completed medical questionnaire that lists all your current medications.

Take your gear to your assigned room. Then drive your car to the parking lot, back into a space, and stuff your keys in your pocket-carry them with you at all times.

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Enjoy the open afternoon by relaxing, meeting others and making a name tag.

3:00 – 4:00 pm - Singing in the Pines campers meet in the Coffee House for their first session. Come join them if you are curious about the program and enjoy choir music.

4:00 – 4:50 pm - Attend the social hour on the lodge deck. Get re-acquainted and meet new people. Check out the “Meal Setup Schedule” posted in the lodge and note when your cabin is assigned to set and clean the tables.

6:00 ish Eat dinner in the lodge. Camp manager, Janet James, will welcome you and give you important camp guidelines. You will also get updates to the week’s schedule of events.

Please, during the week when you leave camp, sign out so we don’t freak out! We worry. Before you leave camp for any reason use the “Sign Out” clipboard. It’s located on the counter on the lodge’s north side (deck side). Whether you leave for a medical reason, a drive to the pharmacy, a trip to Big Bear, a hike on the road, a walk to Jenks Lake, or go wherever, please sign out. Remember to sign in when you return.

This camp is a home for love, encouragement, and respect for all. We are privileged to be in community for a brief period of time, and hope you unplug and unwind your life just long enough to breathe a deep breath of fresh air, to reach to the sky to catch a star, and to walk on a trail made of dirt and not pavement. Friendships are integral to happiness, so we hope you will make many of them here.

Questions? Text them to me at 909 583-3642 and include your name.

See you soon!

Barbara and Cyndy Leigh
2018 Summer Break Camp Deans

What to Bring—Checklist

- **Essentials**

- Your completed medical form. Required. Turn in at check in table.
- Medications in their original bottles.
- Bedding—sleeping bag or sheets & blankets, pillows, and perhaps a mattress pad. *You are sleeping in a twin bed unless you are notified otherwise.*
- Toiletries— shampoo, conditioner, body wash, etc.
- Towels & facecloth
- Bathing suit for pool and hot tub (We keep our swim suits on at the hot tub too!)
- Beach towel & wrap, sandals or flip flops
- Sunscreen, sunglasses, hat/visor, water bottle, and, if you hike, a daypack
- Layered clothing...cool nights, warm days
- Underwear, socks, bandana
- Jacket for cool weather and clothes for comfortable exercising, stretching, and hiking
- Sturdy shoes for walking in the woods and the labyrinth
- Phone charger for cell phone and low expectations because coverage is very poor
- Flashlight with extra batteries
- A device to tell time
- Paper or notebook and pen or pencil for journaling, notes, and writing workshops

- **Optional**

- Two sets of car keys—one to keep with you at all time and one to keep in your luggage as a backup set
- Hearing-aid batteries
- Sleep-aids: Eye bag, small fan for airflow and white noise, and ear plugs— Sorry, I snore!
- Fishing rod & tackle, lures & bait, and CA fishing license. Jenks Lake is stocked.
- Camera
- Adult beverages for the daily social hour or for your personal enjoyment.
- 100% cotton or silk items for tie dye workshop...pillow case, socks, t-shirt, scarf
Personal art supplies if you want to paint in the woods
- Umbrella or raingear for afternoon thunderstorms.....we hope!
- Reading material
- Walking stick
- Memory foam or padded mattress pad to lay on top of camp mattress
- LL Bean hanging toiletries bag or something like it (don't leave stuff in bathroom)
- Plastic cup to use when brushing your teeth

Camp de Benneville Pines RULES

- 1) All persons using the Camp facilities must comply with all federal, state and local laws.
- 2) There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
- 3) Do not bring non-prescription or recreational drugs (including marijuana) to Camp.
- 4) Wear enclosed shoes or boots at all times, unless at the swimming pool.
- 5) After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave Camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in luggage.
- 6) In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Manager for further instructions.
- 7) Camp dogs are never to leave the camp premises without permission of the Camp Manager.
- 8) No weapons or guns may be brought onto the Camp premises.
- 9) No explosives, flammable liquids or poisonous substances shall be brought to Camp.
- 10) Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
- 11) Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
- 12) No one shall use tools, power tools or Camp machinery without the permission of the Camp Management. This would include tools needed for craft projects.
- 13) All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
- 14) Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.
- 15) The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on Camp property. Some exceptions may be made in the Lodge for workshop purposes.
- 16) **DO NOT BRING YOUR PET TO CAMP.** THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
- 17) There is very limited WiFi access in Camp. We are on a shared broadband system, and using the system to download music, movies or games is not allowed. When we exceed our allowed usage, the broadband is slowed down to dial up speed. Time to unplug and enjoy Camp and all the fun activities! Leave your computer work for when you get back home. Hike a trail, go canoeing, read a book—unplug!
- 18) We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. We want to keep things in good order for the next group.
- 19) Please close all cabin doors to keep the heat in and the critters out!
- 20) Carry chains October – May while traveling in the San Bernardino Mountains.
- 21) Bring all prescription medications in their original bottle and keep out of reach of children.
- 22) Keep an eye on your children while in Camp. They are always your responsibility. Know where they are playing and what they are doing.
- 23) **Swimsuits are required at the pool and hot tub.**
- 24) No one under the age of 14 may ever be in the hot tub.
- 25) Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub. Please keep the following numbers in your wallet or pocket while in Camp: Camp Manager Janet James' cell 909-435-6298; Maintenance Supervisor Frank Haahr's cell 760-600-6012. TEXT or CALL either number.

Emergency Information and Release Form for Families Attending Camp de Benneville Pines

Parent (Primary Insured) at Camp _____ DOB _____

Address _____ City/State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____ Gender _____

Second Parent at Camp _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

List additional family members on reverse

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) I understand that if a family member or I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

_____(initial) I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests for myself or family members. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

_____(initial) I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment including hospitalization to myself or family members.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

_____(initial) I agree to follow the safety rules of camp and assume responsibility to ensure my children also follow the rules.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

If family is covered by medical/hospital insurance, attach a copy of your card to this form. If you have no insurance, please provide social security numbers for each family member at camp on a separate piece of paper so care can be obtained at County Hospital.

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Known allergies to food, medication and/or anesthetics, environmental factors. Indicate which family member and describe reactions (use other side for additional information).

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information).

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information).

Signature _____ Date _____

Camp Dates _____

Cabin _____

Family Name _____

Emergency Information and Release Form for Adults Attending Camp de Benneville Pines

Name _____ DOB _____
Address _____ City/State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____ Gender: Male _____ Female _____ Gender Neutral _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

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Emergency Information – all information below will be shredded after camp. We do not retain medical records for adult campers.

Medical Insurance Company _____ Phone # _____

Policy # _____ Group # _____

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

My immunizations are up to date: YES NO Date of last tetanus shot _____

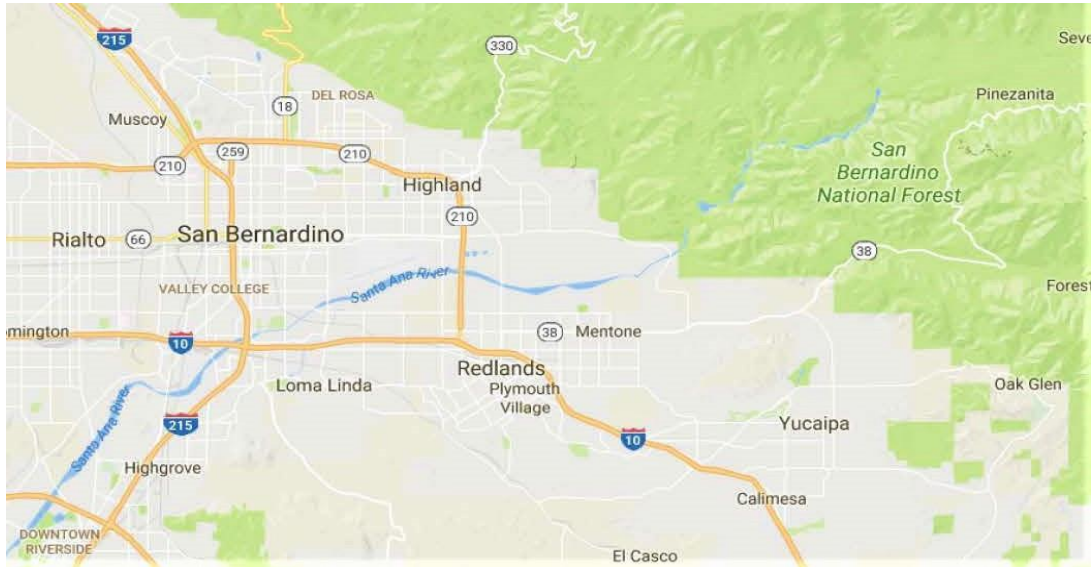
Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information)

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information)

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information)

Signature _____ Date _____

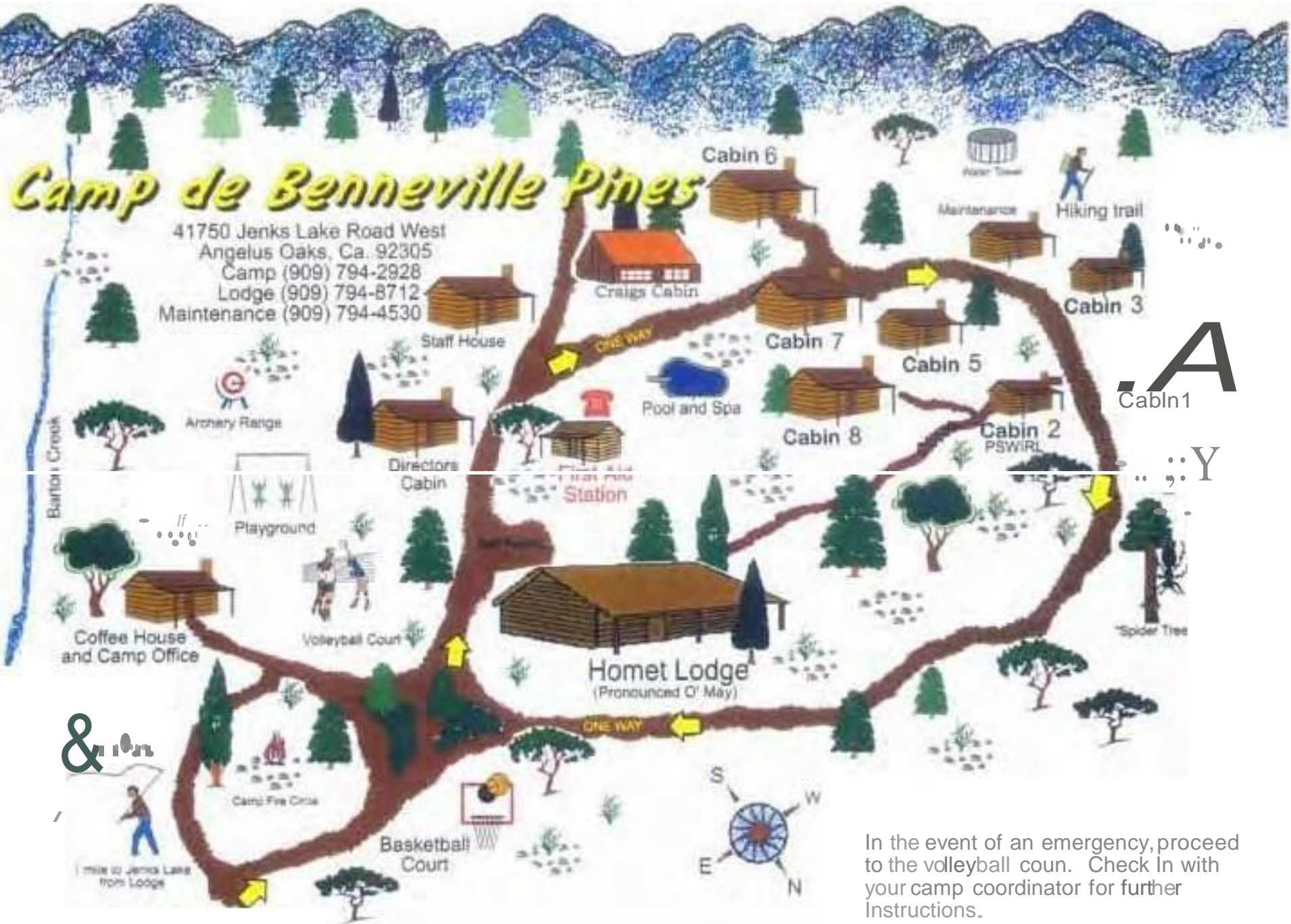
DIRECTIONS to Camp de Benneville Pines



- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions **in BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions **in BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions **in BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

Camp de Benneville Pines

41750 Jenks Lake Road West
Angelus Oaks, Ca. 92305
Camp (909) 794-2928
Lodge (909) 794-8712
Maintenance (909) 794-4530



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Parking and Entrance

In the event of an emergency, proceed to the volleyball court. Check In with your camp coordinator for further instructions.

Graphics by Frank Barala