# 2019 Middle School Summer Camp Camper Packet Camp Interconnections: A Call for Action on Climate Change!



# Kathleen Moscato, Dean Marianne Swift Gifford, Dean Geoff Anderla, Camping Ministries Director

July 14 – 20, 2019 Camp de Benneville Pines Angelus Oaks, CA



Greetings Campers and Parents!

We are writing to you let you know all of what to expect before you get to camp!

## Deans of Middle School Camp 2019:

Kathleen Moscato is the Director of Children and Family Ministry at the Palomar UU Fellowship in Vista, CA where she creates a dynamic RE program for K-12th graders each week!

Marianne Swift-Gifford has been an active member at PUUF in Vista, CA for 12 years and has been on staff for Elementary and Middle School camps for the past seven years!

We are both eager to create an inclusive and creative space for all our campers this July during our sixth Middle School Camp deaning together!!

## Our theme this year is "Camp Interconnections: A Call for Action on Climate Change!"

All life is interconnected. From the forest to the sea to humanity itself, each thread of being is woven into a single fabric of existence. We embrace nature's beauty and are in awe of its power. We care for our environment so that it may sustain life for generations to come. Creating a sustainable way of life is central to our view of a just and compassionate world. Our work must be intersectional for which climate action is an integral part.

Explore all that Camp de Benneville Pines has to offer at **Middle School Summer Camp: Interconnections!!** Come build community by getting out in nature, playing team building games, dancing, relaxing, swimming, unwinding and creating music, arts and crafts. Campers will explore, challenge themselves, collaborate with others and discover in a fun and safe environment. We are excited for your campers to come and experience the joys of nature at Camp de Benneville Pines while learning how we can care for our environment and ourselves in a sustainable way!

Unitarian Universalism offers community and acceptance, joy and love of life, exploration of ideas and beliefs, development of ethics and values, and a chance to work alongside others to make the world a better place.

Our aim is to grow people who know themselves and are valued for who they are, with all their gifts and quirks. Our programs build social confidence, personal and religious identity, and friendship bonds that cross generations and last into the high school years and beyond.

Campers are invited to participate in a variety of camp favorite activities: ping pong, swimming, movie night, small discussion groups, hiking to Jenks Lake/canoeing, archery, Night Crossing (a nighttime version of "tag"), our super fun dance party, team building and ice breaker games, sharing/creating music, arts and crafts/tie dying, Open Mic Night and more! We look forward to campers bringing their unique talents of all kinds; Music, Dancing, Singing, Magic, Comedy, Theater, Martial Arts or other. (Kendama, Yoyo, Juggling, etc...)!!

#### IMPORTANT INFO TO KNOW BEFORE YOU GET TO CAMP!

Campers will need to complete their online Camper Profile well before start of camp in order to best accommodate all campers needs. Please note: we will do our best to put you in a designated buddy's cabin/room and/or small discussion group (one/not both, necessarily). Find the online profile at https://uu.camp/2019Profile

VERY IMPORTANT...CELL PHONE/ELECTRONIC POLICY: CAMPERS AND PARENTS/GUARDIANS PLEASE READ AND SIGN THE ATTACHED POLICY. There will be zero tolerance for campers found using phones or other electronic devices (other than music/MP3 player in the cabins). We have faith that the campers will follow our updated cell phone policy! *Please take time to read over the enclosed <u>Camp Covenant</u> and discuss it with your camper.* It contains some very important information about camp expectations and the community we intend to create. It will need to be signed by both camper and parent/guardian before any camper can be fully checked-in.

### <u>Please remember to bring:</u>

• a reusable water bottle (we all have higher water consumption needs at higher altitudes, and camp staff will proactively have campers drink water often). Be sure to write your camper's name clearly on the bottle.

- sturdy hiking shoes
- items for tie dyeing (100% cotton pre-washed and please include a sealable plastic bag as well, so the wet item(s) can go home safely. Even if your camper says they don't want to tie-dye, please send something just in case, (clothes, towels, sheets, dish towels, too!)
- dark colored clothes for Night Crossing
- a flashlight
- musical instruments or other props for Open Mic Night
- dress clothes or fun decorations (optional) for the dance party
- a gently used t-shirt for a super fun earth friendly project!!

No food is allowed in the cabins, including gum. Please don't send snacks with your camper or mail it to them during camp. If your camper has special dietary needs or may require additional snacks, please give that food to the camp nurse at check-in so your child will have access to it as needed.

#### <u> Check-in time is between 2:00 PM – 5:00 PM on Sunday, July 14th</u>.

Please give yourselves time to get acquainted with the property and get your camper all moved in by 5:00 PM. Once your camper is checked-in, you will be able to leave. Allow at least 30 minutes for the check-in process, although sometimes longer lines move more slowly (this includes turning in paperwork, going to the cabin, making a name tag, etc.). We do not check-in campers prior to 2:00 PM, as we use Sunday "pre-camper time" for important staff training. If you have to arrive early, enjoy the beautiful grounds and grab a cup of coffee at our 24-hour coffee bar in the Lodge.

<u>REMEMBER: Campers and families need to fill out the Camper Profile</u> with many important details for all of us on staff to know about your camper.... Before they get to camp!!

<u>All parents/families picking up Middle School campers on Saturday,</u> <u>July 20th are invited to join us at 10:00am for our Camp Closing</u> <u>Celebration and Bridging for 8th graders!! Final check-out is between</u> <u>11:00 AM and Noon. There is NO supervision at camp after 12:00 PM.</u>

Please feel free to contact us about any specific questions you may have about Middle School Summer Camp! We are looking forward to seeing you soon :)

## Your Middle School Summer Camp Co-Deans,

Kathleen Moscato <u>kathleenmoscato@gmail.com</u> (760-521-9757) and Marianne Swift-Gifford <u>mswiftgifford@yahoo.com</u> (760-908-1799) call or text :)



# 2019 Middle School Summer Camp General Information

# Arrival and Departure Times:

Check in will be from 2:00 PM to 5:00 PM on Sunday July 14, 2019. Please be sure to bring all completed forms with you at that time.

If your camper is riding with another family, be doubly sure that all the forms are completed and that they arrive with your child. No one may remain in camp without all forms completed and signed by a parent or guardian.

Please pick up your camper between 11:00 AM and 12:00 PM on Saturday July 20, 2019. Attending the camp closing is an important part of the camp experience. Please do not pull your camper out of the closing. Coffee and restrooms are available at the Lodge if you arrive before the closing has finished. The last meal served will be breakfast on the 20<sup>th</sup> so please feel free to pack a snack or lunch for your camper to enjoy in the car. Camp does provide snacks at check out. There will be no supervision provided after 12:00 PM on the day of departure.

# Arranging Transportation:

If your camper needs a ride to camp or you can offer another camper a ride, please send a message explaining your need or the area you can offer a ride to or from camp to the registrar, (909) 794-2928 or <u>registrar@uucamp.org</u>. She will be happy to send your request and contact information out via an email message to other campers attending from your area.

# Health and Safety:

Enclosed are several forms. **The forms must be filled out completely.** No camper may check-in without having **ALL** forms completed and signed by a parent or guardian. **NO EXCEPTIONS!!** Campers without completed forms will not be allowed to stay at camp.

## **De Benneville Pines Camp Policy:**

We are dedicated to providing a safe and fun community for youth and staff. Disruptive items and behavior threaten the peace and safety of the community. We therefore have rules that we ask all campers and staff to adhere to. Campers and staff are expected to abide by these rules, or they will be sent home. Please review with your camper the "Youth Camp Behavior Policies" included in this packet, then have your camper read and sign the "Camp Covenant". The guidelines and rules will be reviewed on the first day of camp.

# **Registration Refund Policy:**

Should your camper need to cancel prior to arrival for any reason, the \$75 deposit is non-refundable. If your camper needs to leave camp early for any reason, the full camp fee is non-refundable.

# **Theft and Missing Articles Policy:**

Neither the camp, nor its employees will be held financially responsible for any lost or stolen clothing, articles, or money. Please send only used or worn equipment to camp. We encourage campers to leave valuable items and new clothing at home. Should your camper tend to misplace things, please mark their name on all items. Any Lost & Found articles are held at camp for four weeks and will be shipped at the owner's expense. All unclaimed Lost & Found items will be donated to local low-income families.

# **Telephone Policy:**

We UNPLUG at camp. If they have a personal cell phone, they should <u>NOT</u> bring it to camp. Encourage your camper to write postcards or letters and send them mail from home. If you have an emergency, please call the camp office at 909-794-2928 or the camp manager at 909-435-6298 (cell).

# **Camp Store:**

During Middle School Camp, the store is open several times throughout camp. Your youth can buy tee shirts, soda, candy and other trinkets. We can't monitor what your child buys, so if you don't want them purchasing certain items, please don't send them with any money.

If you have any questions or need clarification about the policies and procedures in this packet, please feel free to contact Geoff Anderla, Camping Ministries Director, at <u>CMD@UUCamp.org</u> or 623-252-5619.



# **Camper Profiles**

Camper Profiles are being collected electronically. It is very important that this online form is filled out and returned over the next couple of days, so the adult leadership has plenty of time to review your youth's information.

We want your youth to be as comfortable as possible while at camp, and the *Camper Profile* gives us insight into life changes, special needs, needs and fears.

Please fill out the form at the link below: https://uu.camp/2019Profile

#### CAMP DE BENNEVILLE YOUTH CAMP BEHAVIOR POLICIES

1. All persons using the Camp facilities must comply with all federal, state and local laws.

2. All camper housing is in single-sex cabins.

3. Curfew is defined as the time after which all campers are to be in their own cabins.

4. Campers may not leave the campgrounds at any time during camp without the permission and supervision of adult staff. No group smaller than four people may leave the premises for any reason, unless for a medical emergency.

5. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. There is no use of the First Aid Station without the supervision of the nurse.

6. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members. Any visits must be prearranged and approved by the Dean and/or Camping Ministries Director. All pre-arranged visitors must check-in upon arrival and wear a VISITOR BADGE while in camp.

7. Attendance at workshops, worships and meals is expected.

8. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. NO PRANKS.

9. Dangerous or disruptive behavior of any kind will not be tolerated; any camper engaging in such will be immediately sent home. This includes the use of rude and abusive language.

10. **Closed toed shoes must be worn when a camper is outdoors.** Open toed shoes are only permitted in showers and at the pool. Campers may walk to and from the pool in open toed shoes yet carry closed toe shoes with them in case of emergency evacuation, or schedule change.

11. No tree climbing or rock throwing.

12. No youth camper may use the hot tub at any time, under any circumstances. Proper swimsuit attire is required for swimming; no street clothes are permitted in the pool.

13. No one is allowed in the kitchen without a valid food handler's card. 14. No drugs or alcohol are allowed at camp. All prescription and over-thecounter medications must be turned in to our Camp Nurse during camp checkin. The use of all medications is to be monitored by the camp health professional and adult staff. <u>Medications must be in their original packaging.</u> 15. Campers may not engage in sexual activities while at camp.

16. Youth Camps are SMOKE FREE. Campers and staff may not smoke at camp. This includes vape pens and e-cigarettes.

17. No hair dye or permanent inks or hennas allowed inside cabin bedrooms, bathrooms or kitchens. Use only at the arts/crafts area.

18. No weapons or guns may be brought onto the Camp premises.

19. Camp dogs are never to leave the camp premises without permission of the Camp Director.

20. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are NOT allowed inside Camp buildings.

21. The burning of candles, lanterns or incense is NOT allowed inside any building or recreational vehicle on Camp property.

22. We DO ASSESS damage charges for graffiti and purposeful destruction of camp property.

23. There is NO Wi-Fi access at Camp. It's time to unplug and enjoy one another.

24. Camp vehicles will NOT be used for the transportation of campers except in a medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.

Any camper unable to abide by these policies will be asked to leave camp immediately, without benefit of any refund, and may be restricted from participating in future camp events.

## YOUTH CODE OF CONDUCT AGREEMENT

## 2019 Middle School Summer Camp

I have read and understand the rules of camp and agree to abide by them while in attendance at camp. I agree to accept established consequences in the unfortunate event I violate these rules or engage in any activity or behavior which is disruptive to the camp community. Furthermore, I pledge to be an active participant in the building and nurturing of a loving spiritual community and to conduct myself in a manner which is respectful of myself and others.

(Camper Sign Here)	(Today's Date)	(Age)	(Birthday )
Signature of Camper	Date	Age	Birth date
Camper Email: (Camper Email Here)	Camper Cell: (Camper Cell Here)		

### PARENT ACCOUNTABILITY STATEMENT

I am aware my child/ward will be attending the Middle School Summer Camp between the dates of July 14, 2019 and July 20, 2019. As parent/guardian of, \_\_\_\_\_\_\_\_. I have completely read and understand the rules for camp and am aware that there are set consequences for the violation of these rules. I agree that if my child does not comply with the rules of camp as published and posted at camp, I will arrange for the prompt departure of my child without refund of any camp fees. *Furthermore, should my child be responsible for damaging the camp, its equipment, or the property of another camper, I will pay to replace or repair said property.* 

	(Parent Sign Here)	(Toda	ay's Date)
	Signature Parent/Guardian		Date
Email:	(Parent Email Address Here)		

I am also signing above stating that should my child, for any reason, need to be sent home prior to the closing date/time of camp, and I am not available to pick up my child, the name of the responsible adult with whom the camp staff may release my child is the table below and I also certify that I have contacted the alternate contact below and they have agreed to be responsible in my absence.

(Alternative Contact Name Here)	(Relationship to Camper)		
Full Name of Adult in case of Parent/Guardian not ava	ilable Relationship		
Best Contact Phone Number(s): (Alterna	(Alternative Contact Phone Number Here)		

# Camp de Benneville Pines 2019 Middle School Summer Camp Covenant

In the spirit of maintaining a healthy camp community, all campers and staff who participate in Middle School Summer Camp at Camp de Benneville Pines are asked to agree to the following expectations. We will refer to this covenant throughout camp as necessary to ensure that we maintain a safe and loving space for everyone.

## Middle School campers are expected to:

- Treat other campers and camp staff with respect
- Allow other campers to have the physical space they need to feel comfortable
- Talk to their counselors and/or the Deans if they feel uncomfortable
- Not physically hurt any other camper or staff member
- Respect the property of all others and not touch other people's things without permission
- Use kind and thoughtful language when expressing how they feel
- Stay within approved areas for camp activities
- Travel around camp in groups of three or more
- Ask for help if they need some time to themselves
- Listen to and follow the guidance of their counselors and other staff
- Challenge themselves to try something new every day.

### Camp counselors, program staff, Deans & the Camping <u>Ministries</u> <u>Director will:</u>

- Listen to campers when they have concerns
- Do everything they can to ensure the safety of all campers
- Respect campers' rights to privacy when sharing their feelings and concerns
- Speak directly to campers who have violated the covenant
- Remove campers from activities when they put others in physical or emotional danger
- Provide an inclusive and encouraging community to all campers

### Camper parents/guardians will:

- Speak to their camper about the covenant to ensure that they understand the expectations
- Be available to the Deans for phone conversations during the week of camp
- Communicate openly with the Deans about specific needs of their camper and any concerns they may have about attending a sleepaway camp

We understand the covenant and agree to what it says. We know that there can be consequences when campers break the covenant, which may include sitting out of camp activities, a call home to a parent, or in more extreme cases, being sent home. We agree to be engaged in a compassionate camp community and to act in ways that are respectful to ourselves, to other campers, and to camp staff.

Camper Printed Name:	
Camper Signature:	
Date:	
Parent/Guardian Signature:	
Date:	

# Notes from the Camp Medic

# Hello Campers and Parents!

Camp is almost here and here are some reminders:

## <u>Please bring to Camp:</u>

- Vaccination Record (or waiver form)
- Insurance Card Photocopy (front and back
- Emergency Information and Release form
- Health History Form
- Prescription/OTC medications in original bottle (if applicable)
- Remember to bring a copy of your child's complete immunization record (or waiver form) <u>AND</u> a copy of the front and back of your child's insurance card. These items <u>must</u> accompany the "Emergency Information and Release Form".
- 2. MEDICATION Please bring all prescription and over-the-counter medications in original, properly labeled containers. Bring medications with you to the registration table so they can be registered with the Camp Nurse and transferred to the infirmary. Rescue inhalers (Albuterol) may be kept with the camper, but please notify the nurse that the camper has the inhaler.
- 3. ALLERGIES If your child has an allergy, especially bee stings or peanuts, make sure you bring a supply of Benadryl<sup>®</sup> and an Epi-Pen (twin pak)<sup>®</sup>. The EMS response time is 30 minutes, so each camper needs two (2) Epi-pens for safety.
- 4. ASTHMA & HAYFEVER Even if your child has not had to use their Albuterol inhaler or Antihistamine for some time, camp is the place they will probably need them. Inhalers can be kept with the camper or in the Infirmary. Antihistamine medication is kept in the infirmary.
- 5. BEDWETTING It happens! No worries. If your child requires special accommodations, please include this information on the Camper Profile so we are aware of your camper's unique needs. And send along a plastic sheet to protect the mattress.
- 6. ADHD/MENTAL HEALTH NEEDS We recommend that campers continue medications for ADHD and mental health needs while at camp. We are quite



busy at camp, with planned activities throughout the day and evening, so medications that are useful at school and home can also help your child be successful at camp.

- 7. SPECIAL DIETS While our fabulous kitchen crew can accommodate many dietary needs or preferences (i.e. vegan, vegetarian, gluten-free), it's always a good idea to send food items to camp to supplement a limited diet plan (i.e. gluten free breads and cereals). These items can be stored in the kitchen and lodge refrigerator. Please don't send food to camp unless your child has dietary issues. We feed kids well!
- 8. PHONE CALLS Please allow your camper to play and explore camp without having to check in with you each day. We will call you if there is a problem.
- 9. EMERGENCIES Please know that we prefer to err on the side of caution in an emergency. EMS response time is long, so we want people to get checked out before it becomes an emergency. We can handle bumps and bruises, minor cuts and scrapes, sprained ankles and give over-the-counter medications (ibuprofen or acetaminophen for headaches and mild pain, allergy medications, etc.), hot and cold packs as needed. If a more serious emergency arises, they may require transportation down the mountain.

Please be sure to indicate any potential medical issues that we should be aware of when completing the very important online Camper Profile. Camp staff will use this information to help ensure your camper has the best possible experience while at camp.

#### Emergency Information and Release Form for Youth Attending Camp de Benneville Pines

Name	DOB	Age at camp		
Address	City/State	Zip		
Custodial Parent	Phone #1			
Phone #2	Email/SMS			
Gender: Male Female Gender NeutralWill you be out of town while your child is at camp? YES / NO				
Additional Parent/Guardian or Emergency Contact (required)				
Home Phone	_ Cell Phone	Email		
If not available, Notify:		Relationship		
Home Phone	_ Cell Phone	Email		

Please initial each Release below and submit to camp as part of the Check-in process

#### **Medical Release**

(initial) Parent/Guardian Authorizations: The attached health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted below. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the child named above. This complete form may be photocopied for trips out of camp.

#### **Release of Liability**

(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

#### **Release of Contact Information**

\_\_\_\_\_(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

#### Photo Release

(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

				Emerger	ncy Inform	hation
Medical Insuration		·				(attach a photocopy of front and back of health
Policy #					_ Group #	
Restrictions:	Red Meat F	ork	Dairy Products	Poultry	Seafood	Eggs (circle all that apply) Other
			/: what cannot be			ions or limitations are necessary (use other side for add
						factors (use other side for additional information)
Describe reac	tion and usual	man	agement of reacti	on (use o	ther side fo	or additional information)

Cabin

#### Medications being taken

original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration. the camper takes NO medications on a routine basis Circle one: the camper takes medications as follows: \_\_\_\_\_ Dosage \_\_\_\_\_\_ Specific times taken each day \_\_\_\_\_ Med #1 Reason for taking \_\_\_\_\_ Dosage \_\_\_\_\_\_ Specific times taken each day \_\_\_\_\_ Med #2 Reason for taking \_\_\_\_\_ Attach additional pages for more medications General Questions (explain "yes" answers below) Has/does the camper: Had any recent injury, illness or infectious disease? ........ Y / N 16. Ever had a back problem? ..... Y / N 1. Have a chronic or recurring illness/condition? ......Y / N 2. 17. Ever had problems with joints (e.g. knees, ankles)? ...... Y / N 3. Ever been hospitalized? ......Y / N 18 4. Ever had surgery? ...... Y / N 19. Have any skin problems (e.g. itching, rash, acne)? ......Y / N Have frequent headaches? ...... Y / N Have diabetes? ......Y / N 5. 20 6. Ever had a head injury? ..... Y / N 21. Have asthma? ......Y / N 7. Ever been knocked unconscious? ...... Y / N 22. Had mononucleosis in the past 12 months? ...... Y / N 8. Wear glasses, contacts or protective eyewear? ...... Y  $\ /\ N$ 23 Had problems with diarrhea/constipation? ...... Y / N 9. Ever had frequent ear infections? ...... Y / N 24. Have problems with sleepwalking? ...... Y / N Ever passed out during or after exercise? ...... Y  $\ /\ N$ 10 25 If female, have an abnormal menstrual history? ...... Y / N Ever been dizzy during or after exercise? ...... Y / N Have a history of bed-wetting? ...... Y / N 11. 26. Ever had siezures? ..... Y / N 27. Ever had an eating disorder? ..... Y / N 12. 13. Ever had chest pain during or after exercise? ...... Y / N 28. Ever had emotional difficulties for which professional 14 Ever had high blood pressure? ..... Y / N help was sought? ..... Y / N Waived or missed any scheduled immunizations? ...... Y  $\ /\ N$ 15. Ever been diagnosed with a heart murmur? ...... Y / N 29

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the

Please explain any "yes" answers, noting the number of the questions: \_

Name of family physician	Phone
Name of family dentist/orthodontist	Phone

Use this space to provide any additional information you believe the camp staff should be aware of regarding the campers behavior and physical, emotional, or mental health:

#### Authorization to Treat During Transportation/Carpooling to Camp

#### **Permission Form:**

My child/ward has permission to travel to and from Camp de Benneville Pines near Angelus Oaks, California. I understand that the camp is not responsible for the safety of my child until my child has been properly checked in at the time of registration. Furthermore, once my child checks out of camp on the final day, the camp is no longer responsible for the safety of my child. Unless otherwise contacted by me, my child has permission to carpool to and from camp with the following adults (*please include names of all adults permitted to pick your child up from camp, including parents*):

Name	Hm Phone	Cell Phone
Name	Hm Phone	Cell Phone
Name	Hm Phone	Cell Phone
Name	Hm Phone	Cell Phone

#### **Emergency Authorization to Treat:**

I hereby give permission to the medical personnel selected by my child/ward's driver to order x-rays, routine tests and treatment for my child/ward; and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the driver of my child/ward to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child/ward named above. This form may be photocopied. I recognize that neither de Benneville Pines, Inc., nor the Pacific Southwest District of the Unitarian Universalist Association is responsible for persons car pooling to or from camp.

Signature of parent/guardian		Date			
During the times my child will be transported to and from camp, you should be able to reach me:					
To Camp - Phone	Alternate Phone				
From Camp - Phone	Alternate Phone				



# **What to Bring**

Please pack the following items to ensure your child has a safe and enjoyable time at camp:

- Hat with brim
- Sunglasses
- Long sturdy pants (2)
- Long-sleeved shirts (2-3)
- Shorts/skirts (3)
- Comfy pants (1)
- T-shirts/tank tops (6)
- Sweatshirt or jacket (evenings can get chilly!)
- Pajamas
- Clean underwear (8)
- Socks (6-8)
- Bathing Suit
- Closed toed shoes suitable for hiking (2 pairs)
- Sleeping bag or sheets and blanket
- Pillow
- Bug spray/repellant
- 2 towels—1 for swimming pool, 1 for personal use
- Dirty clothes bag

- Prescription meds (if needed) in original med bottle
- Soap, shampoo, comb and/or hairbrush
- Toothbrush and toothpaste
- Sunscreen(at least SPF 30) and lip balm (with SPF)
- Journal for drawing and reflections and 2-3 pens/pencils
- Flashlight/headlight and fresh batteries
- Water bottle refillable
- Small-ish backpack for carrying water bottle, book, camera, journal, sunscreen, etc., around camp

#### **Optional:**

- Books, jokes, skits, stories, games
- Camera and fresh batteries
- Flip flops ONLY for use at pool!
- Costumes, silly hats, etc., for themed meals

#### Bring two (2) all white, 100% cotton items in large ziplock baggie for tie-dying

## Leave cell phones and electronic games at home!

Please LABEL every item you send to camp with your camper's full name — it helps with lost and found!!



# If you need to reach camp, here's some handy information:

Janet James, Executive Director:

Cell phone: (909) 435-6298 Email: director@uucamp.org Geoff Anderla, Camping Ministries Director:

Cell phone: (623) 252-5619 Email: cmd@uucamp.org Laura Chamberlin, Registrar:

Voice Mail: (909) 794-2928 Email: registrar@uucamp.org

Kathleen Moscato, 2019 Elementary Summer Camp Co-Dean:

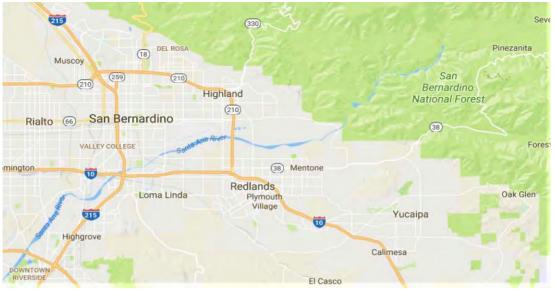
Cell phone: (760) 521-9757 Email: kathleenmoscato@gmail.com

Marianne Swift-Gifford, 2019 Elementary Summer Camp Co-Dean:

Cell phone: (760) 908-1799 Email: mswiftgifford@yahoo.com

Camp Office: (909) 794-2928Camp Lodge: (909) 794-8712Camp Email: uucamp@aol.comCamp Website: www.uucamp.orgCamp Address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305Directions on website: http://www.uucamp.org/about-2/directions-to-camp/

## **DIRECTIONS to Camp de Benneville Pines**



Arizona: Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in BOLD below from Hwy 38.

Orange Co: Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in BOLD below from Redlands.

Las Vegas: Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in BOLD below from Hwy 38.

San FernandoTake the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. GoValley:through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in BOLD<br/>below from Hwy 38.

- San Diego: Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in BOLD below from Hwy 38.
- Ventura: Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in BOLD below from Hwy 38.
- Redlands: From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in BOLD below from Hwy 38.
- From Hwy 38: Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

