2019 Family Summer Camp Camper Packet

"Circle of Life"



Kathryn Deal, Dean Geoff Anderla, Camping Ministries Director

July 28 – August 3, 2019 Camp de Benneville Pines Angelus Oaks, CA



Hi Family Campers!

It's getting super close to the start of camp and I hope you're getting ready for our loving, fun and relaxing week together. Camp is whatever we, as a community, choose to make it. And, what we as individuals contribute to it. Every person at camp is valuable and helps with our common well-being.

Theme: "The Circle of Life"

During the week, we will be asking questions about what The Circle of Life might mean to us as individuals and as a

collective community. The theme will be explored in morning worships with our minister, Rev. David Helfer and music director, Dan Oved. We will also have some special animal guests come to camp on Tuesday afternoon. We will focus on this theme in other workshops during the week. It is up to you to contribute your energy, skills and talents to help make this camp exciting and interesting for all our campers.

Schedule:

<u>Click here</u> for the schedule or type https://uu.camp/2019FCSchedule. Geoff Anderla and I have filled it out based on last year's schedule and added in workshops that folks have said they would be interested in leading this year. A few notes:

- Our fabulous art workshops leader, Kathleen Hogue, started a new job this year and will not be able to join us. (We love you Kathleen and look forward to seeing you in years to come!) As a result, we have a few art workshops that need volunteers to lead.
- Other workshops can be added to the schedule. We need your special talents to create a dynamic camp experience for others.
- The schedule is a Google doc and you can write notes, comments and add workshops without changing the master schedule. Geoff and I will continue to morph the schedule with new workshops or activities as they develop.
- If I have assigned you to an activity or workshop that you don't want to do or in a time slot that doesn't work, please let me know this at your earliest convenience.

- Unfortunately, our masseuse is unable to come. If we find a replacement, we will let you know via email.

Needs:

- We still need emcees for our variety night and DJs for our dance party.
- DVD's for kid friendly movie night (G rated) and for family movie night (PG rated).
- Janine's ever so popular wine tasting is back. If you wish to participate, please be sure to bring a cash donation of at least \$15 with you to camp.

Please remember to bring:

- Something you would like to share with us for our variety show.
- A costume for our Animal Extravaganza banquet night. Some families REALLY get into their costumes, so give your costume(s) some thought before you come up the hill.
- Laura Fahr will be leading a bird watching workshop and suggests bringing your binoculars. We do have about 8 pairs here that can be used, if you don't have any. Binoculars are also great for star gazing in the evenings.
- White **cotton** sheets or **cotton** t-shirts for tie dye with Sharon (and resealable plastic bags to transport projects home safely).

A couple of last items:

- Parents, you are responsible for your own children. If you have a little one under the age of eight, you need to know where they are at all times. The buddy system is enforced for 8 to 12-year old children.
- The camp's internet has <u>very</u> limited bandwidth and is reserved for office use. If you must do work while you are at camp, please bring a hot spot. We do encourage "unplugging" while at camp. Tune in, instead, to make a new friend or chat with an old one.
- Personal 2-way radios are a good way to keep in touch with your children
- Although marijuana use is legal in California, de Benneville Pines does NOT allow the use of marijuana on camp property. Additionally, the USFS does NOT allow the use of marijuana on FEDERAL Land. Please DO NOT bring marijuana, in any form, to Family Camp.

There is a ton of useful and important information in this Camper Packet, such as what to bring, when to arrive and how to get to camp. Please fill out your

Emergency Information and Release forms for our caring Nurse Nancy prior to arrival at camp. There are three versions of this form in this packet. Use the Family form if every member of your family is covered by the same insurance policy. Use either the Adult or Youth form (as appropriate) if members of your family have different insurance policies or providers.

We are looking forward to seeing you up the hill! Love,

Kathryn Deal 2019 Family Summer Camp Dean kdeal@newroads.org (310) 420-3273



General Information about Family Camp



<u>Check-in</u> will begin on Sunday, July 28, 2019 at 2 to 4:30 pm. Meet in Homet Lodge to register with our staff and get your cabin assignment. Please bring completed Emergency Information and Release forms to the check-in table.

Once your luggage is unloaded at your cabin, please park your car in the parking lot below

the flag poles. Park the car facing out for a quick exit, if necessary. Keep your car keys on you at all times! Bring a clip to attach them to your belt loop. And bring 2 sets of keys! We have had lost and misplaced keys at camp, causing folks to be stuck on departure day!

Our first meal together will be Sunday dinner at 5:00 pm.

<u>Cabins</u> are comfortable, but rustic-enough that you feel like you're visiting the forest. Most families have their own room. All bathrooms are located down the hall from your room and have hot showers and flush toilets. Water conservation efforts are always practiced at camp. Please be flexible about shower times and mindful of water use. Report leaks and/or plumbing issues to our camp staff ASAP. Limit all showers to 5 minutes.

<u>Meals at camp</u>: Plenty of snacks and family-friendly meals are provided throughout the week. If you have special dietary needs, you may wish to bring food to supplement what is prepared in the camp's kitchen. Any food you bring must be kept in the Lodge, Craig's Cabin or Cabin 6, which have refrigerators. **Do not bring any food into any of the other cabins, drop food or trash on the trails or leave any food wrappers or soda cans in your car.** Food is kept in designated areas to keep the critters – including bears, raccoons and mice – out of our sleeping and playing areas. Yes, bears will look for food in your car!

<u>Safety:</u> At times de Benneville staff may remind us of certain safety rules. Please respect their requests, as they are assuring the safety of our entire community.

<u>Childcare</u> is not provided at Family Camp. Parents are responsible for their children and for knowing where they are at all times. If you need some time off during the week to attend a workshop or activity without your children, there are often opportunities to share parenting or hire youth to babysit. There will be sign-up sheets to help organize co-operative and paid babysitting arrangements. In case of an emergency, we would need you to be able to bring your children to the volleyball court in under 5 minutes.

Workshop and activity leaders are not childcare providers. During youth activities, each child between the ages of five and 12 must have an adult responsible for them at the activity. Teens may participate in activities without adult supervision provided they remain respectful of the workshop/activity leader. Teens must know where their parents are at all times and must know what to do in an emergency. No adult may be responsible for more than six children (of any age) at an activity. Please help the activity leaders by ensuring that there is at least one adult for up to every six children at the activity, not including the activity leader.





Important Information from our Camping Ministries Director

Additional bits and pieces from Camp de Benneville Pines you'll want to know – and we haven't mention yet. UU Family Summer Camp is a unique week at Camp de Benneville Pines. We are a living and breathing intentional community focused on family. As you will find, this can be both a messy and an amazing opportunity to be loving human beings together.

Staff

We have a talented all-volunteer Program Staff, and their families, creating camp with us. Our Program Staff members have worked many hours before campers arrive to thoughtfully prepare activities for families, and will continue to work throughout the week to ensure a genuine and purposeful camp experience for everyone. We are supported by the de Benneville staff led by Janet James, camp's Executive Director.

As a camp, we do our own set-up and clean up for meals and activities. The de Benneville staff prepares and serves the meals, monitors the pool, provides archery, fixes any broken-down thing, and maintains the beautiful grounds! Some of our planned programming includes yoga, day & night hikes, dancing, movie night, canoeing/kayaking, tie dye, archery, youth sleepovers, arts & crafts, and much, much more!

Technology

We observe limited use of technology at camp. This is mostly due to the Camp's extremely limited Wi-Fi access and partially due to our intention to be present with our families. Please narrow children's tech usage to your individual cabins and be mindful not to bring those electronics out into the open common areas. Many families strive to get their kids "unplugged" while at camp. Remember, there is no camp Wi-Fi access for downloading games, music or movies. You are welcome to

bring your own hot spot, but we'd prefer if everyone tried to "unplug" for the week.

Alcohol & Smoking

Some folks choose to bring beer and wine to camp. We ask you to be mindful to keep alcohol put away and to monitor the amount you imbibe. If you are a smoker, you may only smoke on the deck of your cabin. Never smoke inside any camp building, and never smoke out on the trail or in the forest. All cigarettes must be discarded in the cigarette container on your cabin deck.

Fire Drill

On Monday, there is a MANDATORY FIRE DRILL followed by our camp group photo. No camper is exempt from participating in the fire drill (even if they are napping). The alarm is loud and can be startling to young ones who don't expect it. We'll be sure to give lots of reminders and warnings ahead of time, but please talk to your children about the drill and help them anticipate what's coming.

If you have further questions or concerns, please contact me at: cmd@uucamp.org

Geoff Anderla Camping Ministries Director



CAMP DE BENNEVILLE FAMILY CAMP BEHAVIOR POLICIES

- 1. All persons using the Camp facilities must comply with all federal, state and local laws.
- 2. Camper housing is in cabins or tents. Most families will be assigned to their own private room
- 3. Campers may not leave the campgrounds at any time during camp without signing out and with the supervision of adult, if appropriate.
- 4. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. There is no use of the First Aid Station without the supervision of the nurse.
- 5. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members. Any visits must be prearranged and approved by the Dean and/or Camping Ministries Director. All pre-arranged visitors must check-in upon arrival and wear a VISITOR BADGE while in camp.
- 6. Attendance at workshops, worships and meals is expected.
- 7. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. NO PRANKS.
- 8. Dangerous or disruptive behavior of any kind will not be tolerated. This includes the use of rude and abusive language.
- 9. Closed toed shoes must be worn when a camper is outdoors. Open toed shoes are only permitted in showers and at the pool. Campers may walk to and from the pool in open toed shoes yet carry closed toe shoes with them in case of emergency evacuation, or schedule change.
- 10. No tree climbing or rock throwing.
- 11. Campers are not allowed in the kitchen.
- 12. No weapons or guns may be brought onto the Camp premises.
- 13. Camp dogs are never to leave the camp premises without permission of the Camp Director.
- 14. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are NOT allowed inside Camp buildings.
- 15. The burning of candles, lanterns or incense is NOT allowed inside any building or recreational vehicle on Camp property.
- 16. We DO ASSESS damage charges for graffiti and purposeful destruction of camp property.



What to Bring

Please pack the following items for each member of your family to ensure a safe and enjoyable time at camp:

- Hat with brim
- Sunglasses
- Long sturdy pants (2)
- Long-sleeved shirts (2-3)
- Shorts/skirts (3)
- Comfy pants (1)
- T-shirts/tank tops (6)
- Sweatshirt or jacket (evenings can get chilly!)
- Pajamas
- Clean underwear (8)
- Socks (6-8)
- Bathing Suit
- Closed toed shoes suitable for hiking (2 pairs)
- Sleeping bag or sheets and blanket
- Pillow
- Bug spray/repellant
- 2 towels—1 for swimming pool, 1 for personal use

- Dirty clothes bag
- Prescription meds (if needed) in original med bottle
- Soap, shampoo, comb and/or hairbrush
- Toothbrush and toothpaste
- Sunscreen(at least SPF 30) and lip balm (with SPF)
- Journal for drawing and reflections and 2-3 pens/pencils
- Flashlight/headlight and fresh batteries
- Water bottle refillable
- Small-ish backpack for carrying water bottle, book, camera, journal, sunscreen, etc., around camp
- Books, jokes, skits, stories, games
- Camera and fresh batteries
- Flip flops ONLY for use at pool!
- Variety Show items
- Costumes, silly hats, etc., Friday's banquet

Bring two (2) all white, 100% cotton items in large resealable baggie for tie-dying

___ Date ___

Signature ___

Family Name

Camp Dates

Cabin

Emergency Information and Release Form for Adults Attending Camp de Benneville Pines

Name		DOI	3	
Address			Zip	
Home Phone	Cell Phone			
Email	Gender: Male	Female	Gender Neutral	
Please initial each Release b	elow and submit to camp as	part of the Check	-in process	
Medical Release				
(initial) I understand that if I become injured coutside the bounds of that available in our wilderness more than 12 hours may be asked to leave camp, and can take 45 minutes or more for paramedics to responstantially longer. I agree to follow the safety rules of the	setting. Due to de Benneville' I may return only with authorizand to a 911 emergency call. If	s isolation and ele ation from a physic	vation, any camper remaining ian. I have been made aware	ill for that it
(initial) I hereby give permission for the camp including ordering x -rays or routine tests. I agree to the es.				
(initial) I give permission to the retreat organiz emergency, I hereby give permission to the physician including hospitalization.				
Release of Liability				
(initial) I waive and release all claims for dam- gaging in camp activities. This discharges in advance of that liability may arise out of their negligence. I know the the risk. This waiver, release and assumption of risk is	Camp de Benneville Pines, its nat being in a forest retreat set	employees and ot ing involves a risk	ner agents from liability even th	nough
Release of Contact Information				
(initial) I understand my contact information at all year long. Camp will not share any information with		so they can keep	me in the loop on what's happ	ening
Photo Release				
(initial) I give permission and consent for all paramp session activities. I further give permission and consent for all parampers and its agents to illustrate and promote the identify Campers by name without their permission.	consent that any such photogra	aphs may be publi	shed and used by Camp de Bo	enne-
Emergency Information – all information below w	vill be shredded after camp. We	e do not retain med	lical records for adult campers.	
Medical Insurance Company	Phone #			
Policy #	Group #			
Emergency Contact (not at camp)				
Name	Phone #1			
Phone #2	Email/SMS			
My immunizations are up to date: YES NO	Date of last tetanus sh	ot		
Known allergies to food, medication and/or anesthetics	, environmental factors (use ot	her side for additio	nal information)	
	ment that may be needed at ca	mp (use other side	for additional information)	
Please list all medications (OTC & RX) that you will be	taking while at camp (use othe	r side for additiona	ıl information)	
Signature		Dot	Δ	
oignatare		Dai	e	

Emergency Information and Release Form for Youth Attending Camp de Benneville Pines

Name	DOB		Age at camp
Address	(City/State	Zip
Phone #2	En	nail/SMS	
Gender: Male Female	Gender NeutralWill you b	e out of town wh	nile your child is at camp? YES / NO
Additional Parent/Guardian or E	Emergency Contact (required)		
Home Phone	Cell Phone		Email
If not available, Notify:			Relationship
Home Phone	Cell Phone		Email
Please initia	l each Release below and subm	it to camp as p	art of the Check-in process
Medical Release			
to provide routine health care, a rays or routine tests. I agree to permission to the camp to arra gency, I hereby give permissio	administer prescribed medications the release of any records necess nge necessary related transportar	s, and seek ement sary for treatment tion for my child camp to secure	ed below. I hereby give permission to the cam rgency medical treatment, including ordering on the referral, billing or insurance purposes. I given the event I cannot be reached in an emere and administer treatment, including hospital ps out of camp.
Release of Liability			
result of engaging in camp act from liability even though that I	ivities. This discharges in advanc liability may arise out of their neg	e Camp de Ben ligence. I know	injury or property damage that may occur as nneville Pines, its employees and other agent that being in a forest retreat setting involves umption of risk is binding on my heirs and as
Release of Contact Information	on		
	y contact information above will be will not share any information with		amp so they can keep me in the loop on what ties, ever.
Photo Release			
taken during camp session act used by Camp de Benneville F	ivities. I further give permission a	nd consent that nd promote the	y registration to allow photographs/video to be t any such photographs may be published an camp experience, Camp de Benneville Pines rmission.
	Emergency I	nformation	
Medical Insurance Companyinsurance card to form)		(8	attach a photocopy of front and back of health
Policy #	Gr	oup #	
			cle all that apply) Other
Explain any restrictions to activitional information)	ity: what cannot be done, what ac	laptations or lim	itations are necessary (use other side for add
Known allergies to food, medica	ation and/or anesthetics, environm	nental factors (us	se other side for additional information)
Describe reaction and usual ma	anagement of reaction (use other	side for addition	al information)
Signature			Date

Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle one:	the camper takes NO medic	eations on a routi	ne basis	the camper takes medications as follows:	
Med #	¥1	Dosage	Sp	pecific times taken each day	
	on for taking				
Med #	# 2	Dosage	Sp	pecific times taken each day	
Reas	on for taking				
Conoral Ouge	tions (auntain "voo" anawore holow)	Attach additional	pages for more	e medications	
	tions (explain "yes" answers below)				
Has/does the camp 1. Had an	per: By recent injury, illness or infectious diseas	e? Y / N	16.	Ever had a back problem? Y / N	
	chronic or recurring illness/condition?		17.	Ever had problems with joints (e.g. knees, ankles)? Y / N	
	een hospitalized?		18.	Have an orthotic appliance being brought to camp? Y / N	
	ad surgery?		19.	Have any skin problems (e.g. itching, rash, acne)?Y / N	
	equent headaches?		20.	Have diabetes?Y / N	
	ad a head injury?		21.	Have asthma? Y / N	
	een knocked unconscious?		22.	Had mononucleosis in the past 12 months?	
	lasses, contacts or protective eyewear? ad frequent ear infections?		23.	Had problems with diarrhea/constipation?	
	assed out during or after exercise?		24. 25.	If female, have an abnormal menstrual history? Y / N	
	een dizzy during or after exercise?een		25. 26.	Have a history of bed-wetting?	
	ad siezures?		27.	Ever had an eating disorder? Y / N	
	ad chest pain during or after exercise?		28.	Ever had emotional difficulties for which professional	
	ad high blood pressure?		20.	help was sought? Y / N	
	een diagnosed with a heart murmur?		29.	Waived or missed any scheduled immunizations?	
Please explain	any "yes" answers, noting the n	umber of the que	stions:		
Name of family	/ physician			Phone	
Name of family	dentist/orthodontist			Phone	
priysical, erriot	ional, or mental neath.				
camp is not re once my child contacted by	Form: If has permission to travel to and esponsible for the safety of my cladecks out of camp on the final	from Camp de Be hild until my child day, the camp is carpool to and fro	enneville P has been p no longer om m camp wi	rines near Angelus Oaks, California. I understand that the properly checked in at the time of registration. Furthermore responsible for the safety of my child. Unless otherwise ith the following adults (<i>please include names of all adult</i>)	
Name			_ Hm Pho	ne Cell Phone	
Name			_ Hm Pho	ne Cell Phone	
Name			_ Hm Pho	ne Cell Phone	
Name			_ Hm Pho	ne Cell Phone	
I hereby give my child/ward of my child/ward named above	d; and in the event I cannot be re ard to hospitalize, secure proper	ached in an emer treatment for, and I. I recognize tha	rgency, I he d to order i t neither de	ard's driver to order x-rays, routine tests and treatment for ereby give permission to the physician selected by the drive injection and/or anesthesia and/or surgery for my child/ward Benneville Pines, Inc., nor the Pacific Southwest District ong to or from camp.	
Signature of p	parent/guardian			Date	
	es my child will be transported to and				
To Camp - Ph	none		Alter	rnate Phone	
From Camp -	m Camp - PhoneAlternate Phone				



If you need to reach camp, here's some handy information:

Janet James, Executive Director:

Cell phone: (909) 435-6298 Email: director@uucamp.org

Geoff Anderla, Camping Ministries Director:

Cell phone: (623) 252-5619 Email: cmd@uucamp.org

Laura Chamberlin, Registrar:

Voice Mail: (909) 794-2928 Email: registrar@uucamp.org

Kathryn Deal, Dean

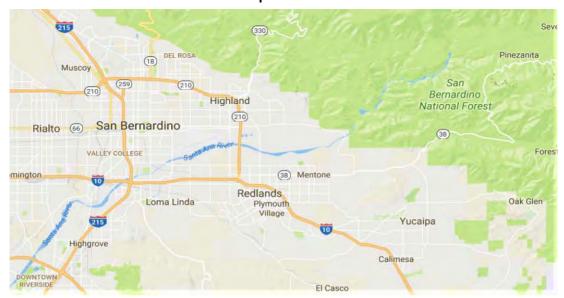
Cell phone: (310) 420-3273 Email: kdeal@newroads.org

Email: director@uucamp.org Camp Website: www.uucamp.org

Camp Address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305

Directions on website: http://www.uucamp.org/about-2/directions-to-camp/

DIRECTIONS to Camp de Benneville Pines



Arizona:

Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.

Orange Co:

Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in **BOLD below** from Redlands.

Las Vegas:

Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.

San Fernando Valley:

Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.

San Diego:

Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions **in BOLD below** from Hwy 38.

Ventura:

Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.

Redlands:

From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions **in BOLD below** from Hwy 38.

From Hwy 38:

Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.

