

2019 Adult Summer Break Camp and Singing in the Pines Choir Camp Camper Packet



Saturday, August 10 to Wednesday, August 14, 2019

Camp de Benneville Pines
Angelus Oaks, CA



Helloooo campers,

At last your camper information packet has arrived to prepare you for your stay at Camp de Benneville Pines. It contains events, activity offerings, schedules, what to bring checklist, check-in information, camp rules, directions and the Emergency Information and Release form, which you must fill out before coming to camp.

For campers registered for Singing in the Pines, rehearsal starts on Saturday at 3:00 pm in the Coffee House with Donald Milton III, guest music director, and Scott Roewe, Singing in the Pines dean.

This year's theme is **Metaphors be with You**. Metaphors create the kaleidoscope that shapes our perceptions, relationships, and understanding of the world and the divine. If you are a couch potato afloat in the gravy boat of life, consider a different approach to the world. Discover ways to apply metaphors that enrich your soul through movement, music, writing, art, and even meal planning.

Provocative Presenters

Carolyn Bohler, PhD, explores the power of metaphors in our lives during her morning keynote presentation in the amphitheater. Carolyn is a minister, author, and professor of pastoral theology and counseling at the United Theological Seminary in Dayton, Ohio.

Reverend Tom Owen-Towle leads daily discussions on the topic "Revisioning the 10 Commandments for 2019."

Donald Milton III, the director of music at the UU congregation of Atlanta and artistic director of the Atlanta Gay Men's Chorus leads the choir camp choir. Everyone is invited to attend afternoon rehearsals.

Chris Epting, author, conducts daily writing workshops. This is a favorite at Summer Camp as Chris is a delightful storyteller and inspiring teacher.

Live from the Amphitheater

Each morning, camp chaplain Reverend Carolyn Owen-Towle starts your day with a brief worship service. Next, Carolyn Bohler presents new ways of thinking about religion and, afterwards, hosts a talk-back on the porch. In the evenings, entertainers regale you with music and stories. Watch for Donald Milton, the Neverly Brothers band, and news from the forest by Marianne Schuster.

More Activities

- Yoga
- Mindfulness
- Arts and Crafts
- Led Hiking Excursions
- Swimming
- Nutrition Ideas
- Homemade House Products
- Singing on the Porch
- Happy Hour
- Choir Performance

How to Have a Fantastic First Day

Bring a picnic lunch and arrive at camp early enough on Saturday to relax, socialize, tour the camp, and acclimate to the altitude. Dinner will be the first meal provided by Camp so be sure to bring some snacks and treats to tide you over.

1:00 – 3:00 pm: Check in with the registrar in the Lodge and turn in your completed Emergency Information and Release Form. Be sure to list all your current medications. Take your gear to your assigned room. Then drive your car down to the parking lot, back into a space, and stuff your keys in your pocket – carry them with you at all times! Enjoy the open afternoon by relaxing, meeting others and making a name tag.

3:00 – 4:00 pm: Singing in the Pines campers meet in the Coffee House for rehearsal. Come join them if you are curious about the choir camp or just enjoy choir music.

4:00 – 4:50 pm: Attend the social hour on the lodge deck. Get re-acquainted and meet new people. Check out the “Meal Setup Schedule” posted in the Lodge and note when your cabin is assigned to set and clean tables.

6:00 ish: Dinner in the Lodge. Camp's executive director, Janet James, will welcome you and give you important camp guidelines. You will also get updates to the week's Schedule of Events.

7:30: Enjoy evening entertainment at the Amphitheater.

9:00: Take the sleep-yoga class, hang out in the Lodge, relax, or head off to bed.

Please, during the week when you leave camp, sign out so we don't freak out! We worry. Before you leave camp for any reason, use the "Sign Out" clipboard. It's located on the counter on the Lodge's north side (deck side). Whether you leave for a medical reason, a drive to the pharmacy, a trip to Big Bear, a hike on the road, a walk to Jenks Lake, or go wherever, please sign out. Remember to sign in when you return.

This camp is a home for love, encouragement, and respect for all. We are privileged to be in community for a brief period, and hope you unplug and unwind your life just long enough to breathe a deep breath of fresh air, to reach to the sky to catch a star, and to walk on a trail made of dirt and not pavement. Friendships are integral to happiness, so we hope you will make many of them here.

Questions? Text them to Barbara Leigh at 909 583-3642 and include your name.

Barbara and Cyndy Leigh
2019 Summer Break Camp Deans





What to Bring—Checklist

Essentials

- Your Emergency Information and Release Form. Required! Turn it in at Check-in table on Saturday afternoon.
- Medications in their original bottles
- Water bottle
- Bedding—sleeping bag or sheets & blankets, pillows, and perhaps a mattress pad. You are sleeping in a twin bed unless you are notified otherwise
- Toiletries— shampoo, conditioner, body wash, etc.
- Towels & facecloth
- Bathing suit
- Beach towel & wrap, sandals or flip flops
- Sunscreen, sunglasses, hat/visor, water bottle, and, if you hike, a daypack
- Layered clothing...cool nights, warm days
- Underwear, socks, bandana
- Jacket for cool weather and clothes for comfortable exercising, stretching, and hiking
- Sturdy shoes for walking in the woods and the labyrinth
- Phone charger for cell phone and low expectations because coverage is very poor
- Flashlight with extra batteries
- A device to tell time
- Paper or notebook and pen or pencil for journaling, notes, and writing workshops

Optional

- Two sets of car keys—one to keep with you at all time and one to keep in your luggage as a backup set
- Hearing-aid batteries
- Sleep-aids: Eye bag, small fan for airflow and white noise, and ear plugs
- Camera
- Adult beverages for the daily social hour or your personal enjoyment
- Art supplies if you want to paint in the woods
- Umbrella or raingear for afternoon thunderstorms
- Reading material
- Yoga mat
- Walking stick
- Toiletries bag or tote (please don't leave personal items in bathroom)
- Plastic cup to use when brushing your teeth

Camp de Benneville Pines RULES

1. All persons using the Camp facilities must comply with all federal, state and local laws.
2. There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
3. Do not bring non-prescription or recreational drugs (including marijuana) to Camp.
4. Always wear enclosed shoes or boots, unless at the swimming pool.
5. After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave Camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in luggage.
6. In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Manager for further instructions.
7. Camp dogs are never to leave the camp premises without permission of the Camp Director.
8. No weapons or guns may be brought onto the Camp premises.
9. No explosives, flammable liquids or poisonous substances shall be brought to Camp.
10. Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
11. Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
12. No one shall use tools, power tools or Camp machinery without the permission of the Camp Management. This would include tools needed for craft projects.
13. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
14. Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.

15. The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on Camp property. Some exceptions may be made in the Lodge for workshop purposes.
16. DO NOT BRING YOUR PET TO CAMP. THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
17. There is very limited Wi-Fi access in Camp. We are on a shared broadband system, and using the system to download music, movies or games is not allowed. When we exceed our allowed usage, the broadband is slowed down to dial up speed. Time to unplug and enjoy Camp and all the fun activities! Leave your computer work for when you get back home. Hike a trail, go canoeing, read a book, unplug!
18. We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. We want to keep things in good order for the next group.
19. Please close all cabin doors to keep the heat in and the critters out!
20. Carry chains October to May while traveling in the San Bernardino Mountains.
21. Bring all prescription medications in their original bottle and keep out of reach of children.
22. Keep an eye on your children while in Camp. They are always your responsibility. Know where they are playing and what they are doing.
23. Swimsuits are required at the pool and hot tub.
24. No one under the age of 14 may ever be in the hot tub.
25. Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub.
26. Please keep the following numbers in your wallet or pocket while in Camp: Camp Director Janet James' cell 909-435-6298; Maintenance Supervisor Frank Haahr's cell 760-600-6012. TEXT or CALL either number.

Emergency Information and Release Form for Adults Attending Camp de Benneville Pines

Name _____ DOB _____
Address _____ City/State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____ Gender: Male _____ Female _____ Gender Neutral _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) I understand that if I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

_____(initial) I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

_____(initial) I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

Emergency Information – all information below will be shredded after camp. We do not retain medical records for adult campers.

Medical Insurance Company _____ Phone # _____

Policy # _____ Group # _____

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

My immunizations are up to date: YES NO Date of last tetanus shot _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information)

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information)

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information)

Signature _____ Date _____

Emergency Information and Release Form for Families Attending Camp de Benneville Pines

Parent (Primary Insured) at Camp _____ DOB _____

Address _____ City/State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____ Gender _____

Second Parent at Camp _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

List additional family members on reverse

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) I understand that if a family member or I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

_____(initial) I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests for myself or family members. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

_____(initial) I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization to myself or family members.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

_____(initial) I agree to follow the safety rules of camp and assume responsibility to ensure my children also follow the rules.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

If family is covered by medical/hospital insurance, attach a copy of your card to this form. If you have no insurance, please provide social security numbers for each family member at camp on a separate piece of paper so care can be obtained at County Hospital.

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Known allergies to food, medication and/or anesthetics, environmental factors. Indicate which family member and describe reactions (use other side for additional information).

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information).

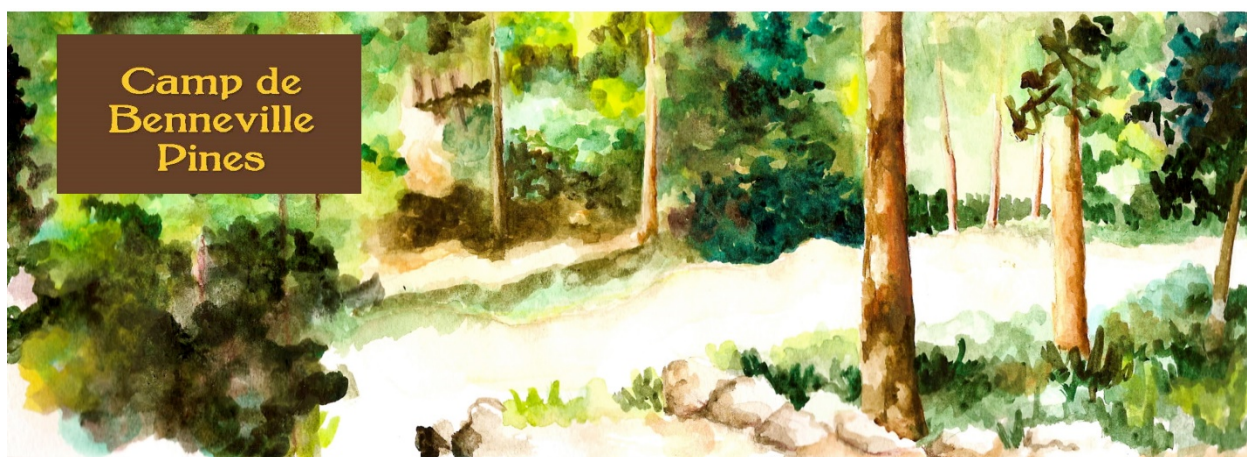
Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information).

Signature _____ Date _____

Camp Dates _____

Cabin _____

Family Name _____



If you need to reach camp, here's some handy information:

Janet James, Executive Director:

Cell phone: (909) 435-6298 Email: director@uucamp.org

Barbara and Cyndy Leigh, Adult Camp deans:

Cell phone: (909) 583-3642

Laura Chamberlin, Registrar:

Voice Mail: (909) 794-2928 Email: registrar@uucamp.org

Camp Office: (909) 794-2928

Camp Lodge: (909) 794-8712

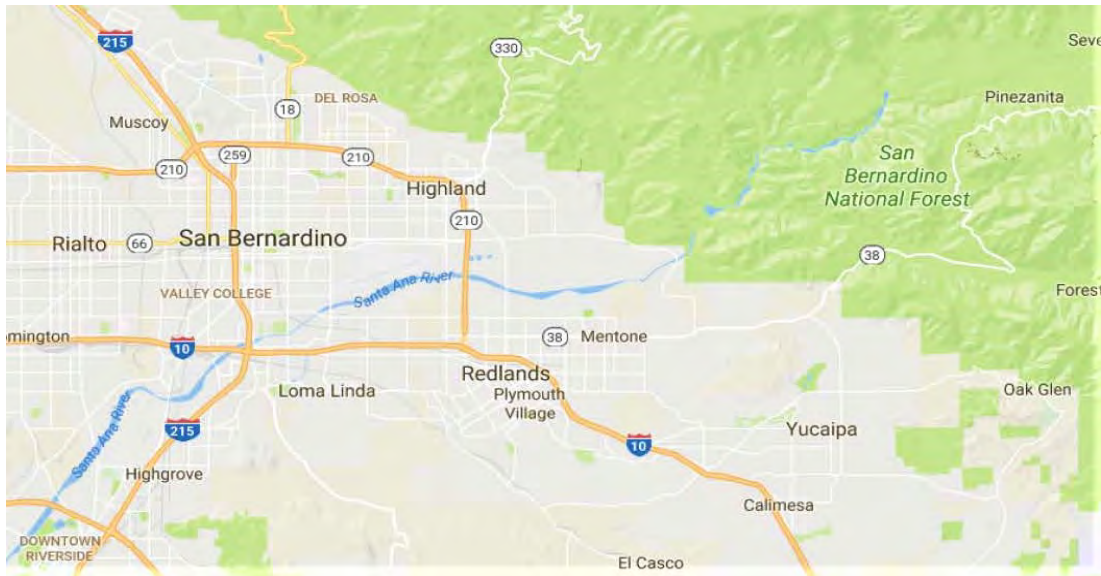
Camp Email: uucamp@aol.com

Camp Website: www.uucamp.org

Camp Address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305

Directions on website: <http://www.uucamp.org/about-2/directions-to-camp/>

DIRECTIONS to Camp de Benneville Pines



- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions **in BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions **in BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions **in BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions **in BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions **in BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.



In an emergency: proceed to the Volleyball Court.
Check in with your camp coordinator for instructions.

Craig's

bathroom & laundry

pool & spa

amphitheater

library/PSWIRL

maintenance

trails

creek hike

Pavilion

director

staff

playground

volleyball court

coffee house
& camp office

basketball court

labyrinth

Homest Lodge
(pronounced
O'May)

first aid

Crafts

Parking

one way

one way



Archery

campfire circle

lake

Parking Lot & Entrance
Back in for emergency evacuation.

41750 Jenks Lake Road West
Angeles Oaks, Ca. 92305
Camp (909)794-2928
Lodge (909)794-8712

Camp de
Bennville
Pines

map 4/27/2019
www.LindaLuisi.com