

2019 Art Groove
Summer Arts Program for Adults
Dean: Betsy Gilpin
August 16 to August 21, 2019



Camp de Benneville Pines
Angelus Oaks, CA



Dear Art Groove Camper:

Well campers, the day is quickly arriving for us all to be together at camp! For those of you new to Art Groove, and to de Benneville Pines, this packet will have lots of good information about how to get to camp, when to arrive, what to bring and what to expect.

Check-in for Art Groove will be held between 12:30 pm and 1:30 pm on Friday, August 16 and will take place in Homet Lodge. The first meal that we will be served is dinner, so eat lunch before you arrive or bring a sack lunch to enjoy in the forest. A camp map is included in this packet. At Check-in we will give you your cabin and room assignments and you will need to provide us with a completed copy of the Emergency Information Form included in this packet. If you are a couple and share the same insurance information, please use the form for Families, if you are single, or do not share insurance coverage, please use the form for Adults.

Please consult the materials list for your morning session. Feel free to bring other related supplies that you enjoy using. The materials for the afternoon workshops will be provided.

Once you have found your cabin and room, unpack and settle in. We will have a short orientation in the Lodge at 2:30 pm: introduction of instructors, workshop leaders and workshop descriptions. We will then adjourn to our first session with our Morning groups. Social Hour will start at 5:45 pm and our first meal will be dinner at 6:30 pm.

De Benneville Pines encourages us to share time and fellowship during our Social Hour but does not provide the beverages. If you would like to drink wine or cocktails (or juice or sodas), please bring along your favorite beverages to share with friends and help make our afternoon gatherings even more fun.

After dinner the first night we will continue an Art Groove tradition, "Show and Tell." Returning campers will get a chance to show us what they have been up to in the last year, and newcomers can introduce themselves to us with some of their own work. If you would prefer to bring photos of your work on a flash drive instead of bringing the original work to camp, please do. We will have a projector and screen available. Bring either the art or the flash drive to the show and tell session. Don't have anything to show? Don't worry! You will have plenty to show by the end of the week!

The pages in this packet should tell you most of all the things you need to know, any further questions, please let me know.

Betsy Gilpin
betsygilpino1@gmail.com
760-705-6589





What to Bring—Checklist

Essentials

- Your Emergency Information and Release Form. Required! Turn it in at Check-in table.
- Medications in their original bottles
- Water bottle
- Bedding—sleeping bag or sheets & blankets, pillows, and perhaps a mattress pad. You are sleeping in a twin bed unless you are notified otherwise
- Toiletries— shampoo, conditioner, body wash, etc.
- Towels & facecloth
- Warm PJs
- Bathing suit, beach towel & wrap, sandals or flip flops
- Sunscreen, sunglasses, hat/visor, water bottle, and, if you hike, a daypack
- Layered clothing...cool nights, warm days
- Underwear, socks, bandana
- Jacket for cool weather and comfortable clothes (jeans, shorts and shirts)
- Sturdy shoes with enclosed toes
- Required art supplies for morning sessions
- Phone charger for cell phone and low expectations because coverage is very poor
- Flashlight with new batteries
- A device to tell time
- Paper or notebook and pen or pencil for journaling, notes, and writing workshops

Optional

- Two sets of car keys—one to keep with you at all time and one to keep in your luggage as a backup set
- Hearing-aid batteries
- Sleep-aids: Eye bag, small fan for airflow and white noise, ear plugs and reading light
- Camera
- Adult beverages for the daily social hour or your personal enjoyment
- Art supplies that you use, enjoy and may want to share with others
- Umbrella or rain gear for afternoon thunderstorms
- Reading material
- Yoga mat
- Walking stick
- Toiletries bag or tote (please don't leave personal items in bathroom)
- Plastic cup to use when brushing your teeth



Links for Supply Lists

[Life Drawing with Jean Krumbein](#)

[Creating Exciting Collage with Kathleen Scoggin](#)

[The Art of Photography with Abbey Chamberlain](#)

[Color Linoleum Block Printing with Morgan Miller III](#)

[Introduction to Encaustic Painting with Lin Holzinger](#)

Camp de Benneville Pines RULES

1. All persons using the Camp facilities must comply with all federal, state and local laws.
2. There is no smoking inside buildings or along trails. Smoking is only allowed on cabin decks or inside enclosed cars. Use the green cigarette containers to dispose of butts.
3. Do not bring non-prescription or recreational drugs (including marijuana) to Camp.
4. Always wear enclosed shoes or boots, unless at the swimming pool.
5. After unloading at your cabin, park your car in the main lot with the back end of your car pointing into the woods. This will help you to leave Camp quickly in an emergency. Keep your car keys on you at all times. Bring a spare key and keep in luggage.
6. In the event of an emergency situation, an alarm will sound. Evacuate your cabin immediately and gather in the area behind the lodge kitchen (volleyball court). Check-in with the Camp Dean or Camp Manager for further instructions.
7. Camp dogs are never to leave the camp premises without permission of the Camp Director.
8. No weapons or guns may be brought onto the Camp premises.
9. No explosives, flammable liquids or poisonous substances shall be brought to Camp.
10. Please keep any recorded or amplified music played in the Lodge turned down for background music only, unless it is being used for a workshop or talent show presentation.
11. Persons under the age of 18 may not use the Lodge or Coffee House between midnight and 6 am unless supervised by a person 25 years or older.
12. No one shall use tools, power tools or Camp machinery without the permission of the Camp Management. This would include tools needed for craft projects.
13. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are not allowed inside Camp buildings.
14. Camp vehicles will not be used for the transportation of campers except in an extreme medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.

15. The burning of candles, lanterns or incense is not allowed inside any building or recreational vehicle on Camp property. Some exceptions may be made in the Lodge for workshop purposes.
16. DO NOT BRING YOUR PET TO CAMP. THE ONLY EXCEPTION WE MAKE IS FOR CERTIFIED AND TRAINED ASSISTANCE ANIMALS (such as a Seeing Eye Dog).
17. There is very limited Wi-Fi access in Camp. We are on a shared broadband system, and using the system to download music, movies or games is not allowed. When we exceed our allowed usage, the broadband is slowed down to dial up speed. Time to unplug and enjoy Camp and all the fun activities! Leave your computer work for when you get back home. Hike a trail, go canoeing, read a book, unplug!
18. We DO ASSESS damage charges for graffiti, excessive wear and tear, chewing gum and other adhesives found in the carpet and furniture. We want to keep things in good order for the next group.
19. Please close all cabin doors to keep the heat in and the critters out!
20. Carry chains October to May while traveling in the San Bernardino Mountains.
21. Bring all prescription medications in their original bottle and keep out of reach of children.
22. Keep an eye on your children while in Camp. They are always your responsibility. Know where they are playing and what they are doing.
23. Swimsuits are required at the pool and hot tub.
24. No one under the age of 14 may ever be in the hot tub.
25. Never use the hot tub alone. No glass containers or alcoholic beverages allowed at the hot tub.
26. Please keep the following numbers in your wallet or pocket while in Camp: Camp Director Janet James' cell 909-435-6298; Maintenance Supervisor Frank Haahr's cell 760-600-6012. TEXT or CALL either number.

Emergency Information and Release Form for Families Attending Camp de Benneville Pines

Parent (Primary Insured) at Camp _____ DOB _____

Address _____ City/State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____ Gender _____

Second Parent at Camp _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

Child Camper _____ DOB _____ Gender _____

List additional family members on reverse

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) I understand that if a family member or I become injured or ill while at camp, the Health Supervisor is authorized to determine if I require care outside the bounds of that available in our wilderness setting. Due to de Benneville's isolation and elevation, any camper remaining ill for more than 12 hours may be asked to leave camp, and may return only with authorization from a physician. I have been made aware that it can take 45 minutes or more for paramedics to respond to a 911 emergency call. If road conditions are icy or hazardous, it can take substantially longer. I agree to follow the safety rules of the camp.

_____(initial) I hereby give permission for the camp Health Supervisor to provide routine health care and emergency medical treatment, including ordering x-rays or routine tests for myself or family members. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

_____(initial) I give permission to the retreat organizers or the camp staff to arrange necessary related transportation. In the event of an emergency, I hereby give permission to the physician selected by the retreat organizers or camp staff to secure and administer treatment, including hospitalization to myself or family members.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

_____(initial) I agree to follow the safety rules of camp and assume responsibility to ensure my children also follow the rules.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

If family is covered by medical/hospital insurance, attach a copy of your card to this form. If you have no insurance, please provide social security numbers for each family member at camp on a separate piece of paper so care can be obtained at County Hospital.

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Known allergies to food, medication and/or anesthetics, environmental factors. Indicate which family member and describe reactions (use other side for additional information).

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information).

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information).

Signature _____ Date _____

Camp Dates _____

Cabin _____

Family Name _____

Emergency Information and Release Form for Adults Attending Camp de Benneville Pines

Name _____ DOB _____
Address _____ City/State _____ Zip _____
Home Phone _____ Cell Phone _____
Email _____ Gender: Male _____ Female _____ Gender Neutral _____

Please initial each Release below and submit to camp as part of the Check-in process

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Emergency Information – all information below will be shredded after camp. We do not retain medical records for adult campers.

Medical Insurance Company _____ Phone # _____

Policy # _____ Group # _____

Emergency Contact (not at camp)

Name _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

My immunizations are up to date: YES NO Date of last tetanus shot _____

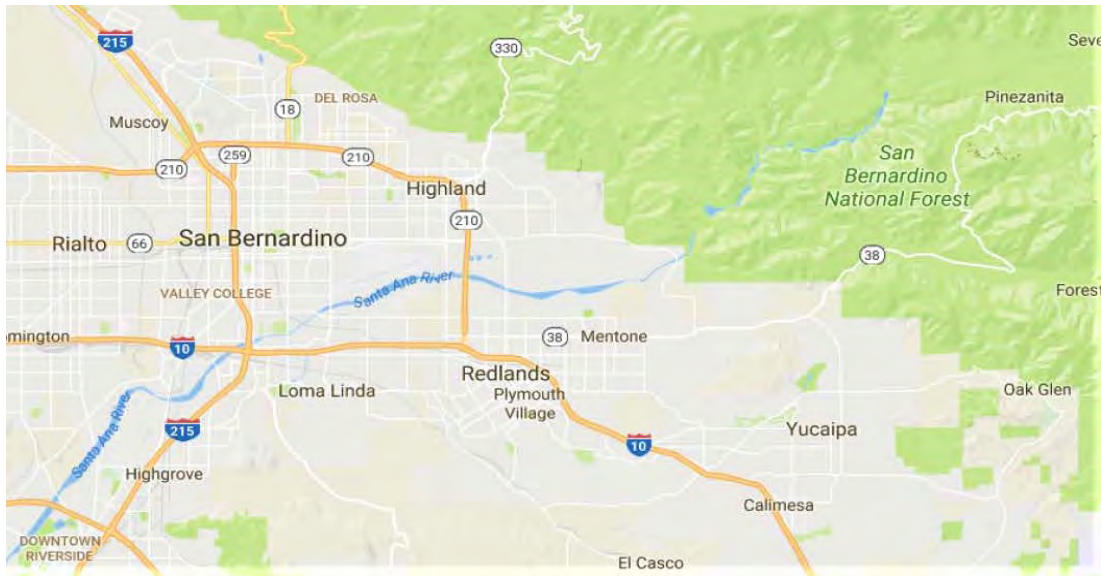
Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information)

Known medical problems/conditions and medical treatment that may be needed at camp (use other side for additional information)

Please list all medications (OTC & RX) that you will be taking while at camp (use other side for additional information)

Signature _____ Date _____

DIRECTIONS to Camp de Benneville Pines



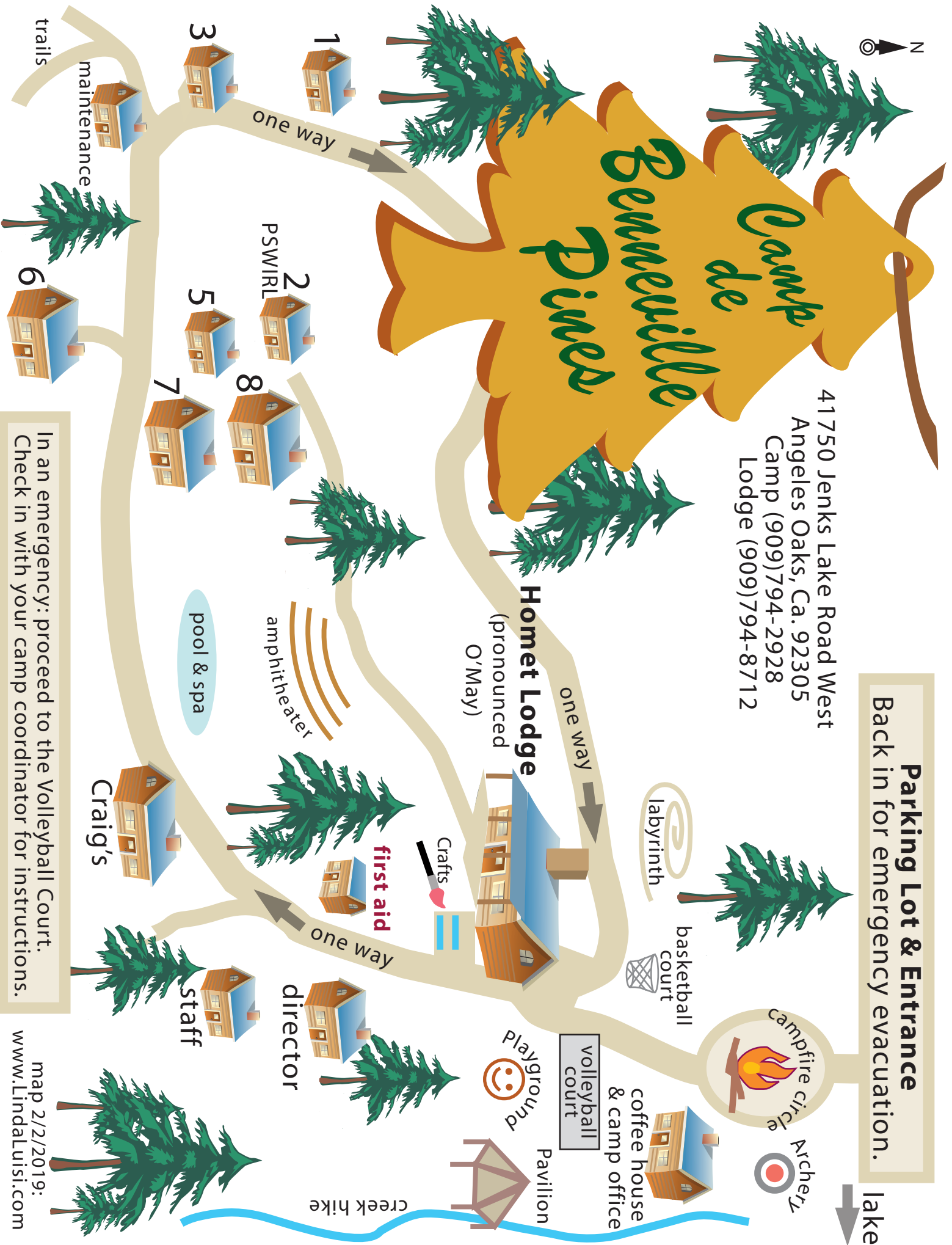
- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in **BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in **BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in **BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.



41750 Jenks Lake Road West
Angeles Oaks, Ca. 92305
Camp (909)794-2928
Lodge (909)794-8712

Parking Lot & Entrance
Back in for emergency evacuation.

lake



In an emergency: proceed to the Volleyball Court.
Check in with your camp coordinator for instructions.

map 2/2/2019:
www.Lindaluisi.com