

2022 Counselor-in-Training Program

Camper Packet



Mary Carter-Vail and Melinda Merkel Iyer,

CIT Co-Facilitators

Marianne Swift-Gifford, Camping

Ministries Director

July 3 — July 10, 2022

Camp de Benneville Pines

Angelus Oaks, CA



Dear Counselor Trainee,

We are very excited to have you join us at this summer's intensive Counselor in Training program to put you on your way to becoming an amazing counselor!

Attached is your camper packet, which includes all of your paperwork. Please make sure you arrive with all of your forms filled out, and please pay extra attention to the Covid Protocols, the Camp Code of Conduct and Behavior Policies. CITs and counselors are bound by all the same rules that apply to campers, but moreover, you are expected to role-model great camp behavior and attitude all week long. This includes appropriate wardrobe (closed-toed shoes, no visible undergarments, etc.), clean language, and refraining from use of electronics except at designated times.

CIT is an intensive leadership-development program, so be prepared for something very different from your past camp experiences. This is a full week training and full week "job interview" to discover if being a camp counselor is your work. Over the course of the week, the training team will be observing you, supporting you, and supporting your growth. You will be expected to be in the cabins with campers at 7 AM, followed by multiple training sessions in Cabin 6 and helping with campers during workshops, meals, and other activities. You must come to camp ready to rise, to work, to play and yes, to sleep. Remember, an important camp-counselor skill is the ability to devote energy and enthusiasm to any situation, so practicing good self-care is a must.

We anticipate plenty of fun, laughter, and group bonding over the course of the CIT week. A hallmark of this program is the intense bonds that form between the members of each year's class. At the same time, each of you will be expected to maintain healthy, safe, and appropriate boundaries with your fellow CITs. We expect you to remember that this training week does not consist solely of friends time with other CITs or Youth Counseling Staff. Exclusive behavior will be highly discouraged.

CIT programming takes place largely in Cabin 6, which gives us access to a full kitchen. Meals are still provided, but as a CIT you're allowed to bring your own snacks, which will remain in Cabin 6 at all times. The snacks you decide to bring are up to you, and sharing is highly encouraged.

COVID Rapid Test Kits: We are asking that you bring four rapid test kits (there are usually two test kits per box) with each child. Please write their name on each box. TO ORDER FREE RAPID TEST KITS for your camper or to share with others visit :

[COVID Home Tests | USPS](#)

We look forward to seeing you on the mountain at check-in on Sunday, July 3rd between 2:00-5:00pm. The more of yourself you bring to this program, the more rewarding it will be, so come prepared to give your all and have an amazing, transformative week! Feel free to email us if you have any further questions.

Yay camp!

Mary Carter-Vail
Melinda Merkel Iyer
CIT Co-Facilitators
summitdre@gmail.com
myniyer@gmail.com

COVID-19 and Camp de Benneville Pines

UU Elementary School Summer Camp and CIT Program 2022

The constantly changing nature of the COVID epidemic has required too-frequent changes in the Camp's infectious disease policy responses, to help all campers to maintain their health. Now profound changes are again needed, due to the extreme contagiousness of the new Omicron variants, which are now responsible for most new infections. The risk of catching COVID in any public setting cannot now be reduced to zero.

The good news is that while these variants are much more contagious, they also cause less severe infections, especially in fully vaccinated and boosted people. Therefore, full vaccination and maximal boosting are now the prime methods through which we can protect our own health, our family's and loved ones' health, and that of the public at large.

The following COVID requirements at Camp de Benneville Pines reflect this new reality.

- All Campers must be confirmed to be fully vaccinated. All campers must bring their vaccination cards with them, which must be confirmed by the Camp personnel. Anyone not fully vaccinated will not be allowed entry into Camp.
- It is highly preferable that campers are fully boosted with all the booster shots for which they are eligible, but this is not currently required.
- On arrival, ALL campers must present their proof of vaccination, fill out the COVID Intake Questionnaire, and the COVID Waiver of Liability form.
- All campers MUST take a COVID Rapid Test. These are best taken at home within 24 hours of leaving for Camp, and preferably on the morning of departure. A picture of the negative test, with your name written on it, and the results bars plainly visible, can be taken with your cell phone immediately after the test is done. You may bring an unused rapid test kit with you to check-in and Camp personnel can perform the rapid test for you. Contact the registrar (registrar@uucamp.org) if you have any questions or concerns.
- The picture will be verified by Camp personnel during check-in.
- Anyone who is not fully vaccinated, or who has a positive rapid test result will not be allowed to enter Camp.
- Masks will be required when inside shared building spaces including the lodge and cabin hallways (NOT bedrooms) and recommended in crowded outdoor settings. Exceptions: masks can be off if campers are eating or drinking inside the lodge.
- Social distancing is recommended.
- While at camp, if you experience any symptoms that are consistent with Covid, you must see Camp's medical personnel immediately.

2022 UU Elementary Summer Camp

General Information

Arrival and Departure Times:

Check-in will be from 2:00 PM to 5:00 PM on Sunday, July 3, 2022. Please be sure to bring all completed forms with you at that time.

If your camper is riding with another family, be doubly sure that all the forms are completed and that they arrive with your child. No one may remain in camp without all forms completed and signed by a parent or guardian.

Please pick up your camper between 11:00 AM and 12:00 PM on Saturday July 10, 2022. **Attending the camp closing is an important part of the camp experience and you are welcome to join it. Please do not pull your camper out of the closing. Coffee and restrooms are available at the lodge if you arrive before the closing has finished.** The last meal served will be breakfast on the 9th, so please feel free to pack a snack or lunch for your camper to enjoy in the car. Camp does provide snacks at check-out. There will be no supervision provided after 12:00 PM on the day of departure.

Arranging Transportation:

If your camper needs a ride to camp or you can offer another camper a ride, please send a message explaining your need or the area you can offer a ride to or from camp to the registrar, (909) 794-2928 or registrar@uucamp.org. She will be happy to send your request and contact information out via an email message to other campers attending from your area.

Health and Safety:

Please carefully read the policies and protocols document enclosed in this packet: "COVID-19 and Camp de Benneville Pines UU Elementary School Summer Camp and CIT Program 2022"

Enclosed are several forms. **The forms must be filled out completely.** No camper may check-in without having **ALL** forms completed and signed by a parent or guardian. **NO EXCEPTIONS!!** Campers without completed forms will not be allowed to stay at camp.

de Benneville Pines Camp Policy:

We are dedicated to providing a safe and fun community for youth and staff. Disruptive items and behavior threaten the peace and safety of the community. We therefore have rules that we ask all campers and staff to adhere to. Campers and staff are expected to abide by these rules, or they will be sent home. Please review with your camper the "Youth Camp Behavior Policies" included in this

packet, then have your camper read and sign the “Covenant”. The guidelines and rules will be reviewed on the first day of camp.

Registration Refund Policy:

Should your camper need to cancel prior to arrival for any reason, the \$75 deposit is non-refundable. If your camper needs to leave camp early for any non-health related reason, the full camp fee is non-refundable. If your camper needs to leave camp due to health reasons, a pro-rated refund will be made.

Theft and Missing Articles Policy:

Neither the camp, nor its employees will be held financially responsible for any lost or stolen clothing, articles, or money. Please send only used or worn equipment to camp. We encourage campers to leave valuable items and new clothing at home. Should your camper tend to misplace things, please mark their name on all items. Any Lost & Found articles are held at camp for four weeks and will be shipped at the owner’s expense. All unclaimed Lost & Found items will be donated to local low-income families.

Telephone Policy:

We UNPLUG at camp. It will be rare that your youth will have much time to use their cell phone. If they have a personal cell phone, they should **NOT** bring it. Please allow your camper to adjust to camp without phone calls from home. Non-emergency calls are highly discouraged. Please do not ask your camper to call home routinely. Unnecessary phone calls can disrupt your camper's emotional state and can make them homesick. Encourage your camper to write postcards or letters and send them mail from home. If you have an emergency, please call the camp office at 909-794-2928, or the camp director at 909-435-6298 (cell).

If you have any questions or need clarification about the policies and procedures in this packet, please feel free to contact Camping Ministries Director, Marianne Swift-Gifford at: CM@UUCAMP.ORG or by texting/calling (760) 908-1799.



Camper Profiles

Camper Profiles are being collected electronically. It is very important that this online form is filled out and returned over the next couple of days, so the adult leadership has plenty of time to review your youth's information.

We want your youth to be as comfortable as possible while at camp, and the *Camper Profile* gives us insight into life changes, special needs, needs and fears.

Please fill out the form at the link below:

<https://uucamp.wufoo.com/forms/zznzp63ohoa09a/>

CAMP DE BENNEVILLE
YOUTH CAMP 2022 BEHAVIOR POLICIES

1. **All Camp de Benneville Pines UU Youth Camp Covid protocols and policies will be strictly enforced.**
2. All persons using the Camp facilities must comply with all federal, state and local laws.
2. All camper housing is in single-sex cabins at Elementary and Jr High camps.
3. Curfew is defined as the time after which all campers are to be in their own cabins. Lights Out for Elementary/CIT youth camp is 9:00 PM To 7:30 AM.
4. Campers may not leave the campgrounds at any time during camp without the permission and supervision of adult staff. No group smaller than four people may leave the premises for any reason, unless for a medical emergency.
5. The water tower, staff housing, interior kitchen, pool pump room, maintenance buildings, propane tanks, sewer plant/leach fields and any construction sites are off limits to all campers. There is no use of the First Aid Station without the supervision of the nurse.
6. No visitors are allowed during camp. This includes unannounced family members, former campers, and former staff members. Any visits must be pre-arranged and approved by the Dean and/or Camping Ministries Director. All pre-arranged visitors must check-in upon arrival and wear a VISITOR BADGE while in camp.
7. Attendance at workshops, worships and meals is expected.
8. Campers are asked to respect each other and the belongings and privacy of other campers and staff. The campgrounds and camp equipment should be used in the intended manner. NO PRANKS.
9. Dangerous or disruptive behavior of any kind will not be tolerated; any camper engaging in such will be immediately sent home. This includes the use of rude and abusive language.
10. **Closed toed shoes must be worn when a camper is outdoors.** Open toed shoes are only permitted in showers and at the pool. Campers may walk to and from the pool in open toed shoes yet carry closed toe shoes with them in case of emergency evacuation, or schedule change.
11. No tree climbing or rock throwing.
12. No youth camper may use the hot tub at any time, under any circumstances. Proper swimsuit attire is required for swimming; no street clothes are permitted in the pool.
13. No one is allowed in the kitchen without a valid food handler's card.
14. No drugs or alcohol are allowed at camp. All prescription and over-the-counter medications must be turned in to our Camp Nurse during camp check-

- in. The use of all medications is to be monitored by the camp health professional and adult staff. Medications must be in their original packaging.
15. Campers may not engage in sexual activities while at camp.
 16. Youth Camps are SMOKE FREE. Campers and staff may not smoke at camp. This includes vape pens and e-cigarettes.
 17. No hair dye or permanent inks or hennas allowed inside cabin bedrooms, bathrooms or kitchens. Use only at the arts/crafts area.
 18. No weapons or guns may be brought onto the Camp premises.
 19. Camp dogs are never to leave the camp premises without permission of the Camp Director.
 20. All crafts using spray paint, glitter, wax or plaster must be done outside. These projects are NOT allowed inside Camp buildings.
 21. The burning of candles, lanterns or incense is NOT allowed inside any building or recreational vehicle on Camp property.
 22. We DO ASSESS damage charges for graffiti and purposeful destruction of camp property.
 23. There is NO Wi-Fi access at Camp. It's time to unplug and enjoy one another.
 24. Camp vehicles will NOT be used for the transportation of campers except in a medical emergency. Campers and staff must wear seat belts while riding in Camp vehicles.

Any camper unable to abide by these policies will be asked to leave camp immediately, without benefit of any refund, and may be restricted from participating in future camp events.

YOUTH CODE OF CONDUCT AGREEMENT

2022 Counselor-in-Training Program

I have read and understand the rules of camp and agree to abide by them while in attendance at camp. I agree to accept established consequences in the unfortunate event I violate these rules or engage in any activity or behavior which is disruptive to the camp community. Furthermore, I pledge to be an active participant in the building and nurturing of a loving spiritual community and to conduct myself in a manner which is respectful of myself and others.

(Camper Sign Here)	(Today's Date)	(Age)	(Birthday)
Signature of Camper	Date	Age	Birth date
Camper Email: (Camper Email Here)	Camper Cell: (Camper Cell Here)		

PARENT ACCOUNTABILITY STATEMENT

I am aware my child/ward will be attending the CIT Training Program between the dates of July 3rd, 2022, and July 10th, 2022. As parent/guardian of, _____, I have completely read and understand the rules for camp and am aware that there are set consequences for the violation of these rules. I agree that if my child does not comply with the rules of camp as published and posted at camp, I will arrange for the prompt departure of my child without refund of any camp fees. *Furthermore, should my child be responsible for damaging the camp, its equipment, or the property of another camper, I will pay to replace, or repair said property.*

(Parent Sign Here)	(Today's Date)
Signature Parent/Guardian	Date
Email: (Parent Email Address Here)	

I am also signing above stating that should my child, for any reason, need to be sent home prior to the closing date/time of camp, and I am not available to pick up my child, the name of the responsible adult with whom the camp staff may release my child is provided in the table below. I also certify that I have contacted this alternate responsible adult and they have agreed to be responsible in my absence.

(Alternative Contact Name Here)	(Relationship to Camper)
Full Name of Adult in case of Parent/Guardian not available	Relationship
Best Contact Phone Number(s):	(Alternative Contact Phone Number Here)
Best Email Address:	

Camp de Benneville Pines

2022 Counselor-in-Training Program

Covenant

In the spirit of maintaining a healthy camp community, all campers and staff who participate in Camp de Benneville Pines UU Elementary Summer Camp are asked to agree to the following expectations. We will refer to this covenant throughout camp as necessary to ensure that we maintain a safe and loving space for everyone.

Elementary campers are expected to:

- **Follow all Elementary Camp Covid protocols and policies**
- Treat other campers and camp staff with respect
- Allow other campers to have the physical space they need to feel comfortable
- Talk to their counselors and/or the Deans if they feel uncomfortable
- Not physically hurt any other camper or staff member
- Respect the property of all other campers and not touch other people's things without permission
- Use kind and thoughtful language when expressing how they feel
- Stay within approved areas for camp activities
- Travel around camp in groups of three or more
- Ask for help if they need some time to themselves
- Listen to and follow the guidance of their counselors and other staff
- Challenge themselves to try something new every day

Camp Counselors, Program Staff, Dean and Camping Ministries Director will:

- **Follow all Elementary Camp Covid protocols and policies**
- Listen to campers when they have concerns
- Do everything they can to ensure the safety of all campers
- Respects campers' rights to privacy when sharing their feelings and concerns
- Speak directly to campers who have violated the covenant
- Remove campers from activities when they put others in physical or emotional danger
- Provide an inclusive and encouraging community to all campers

Camper parents/guardians will:

- Speak to their campers about the covenant and ensure that they understand the expectations

- Be available to the Deans for phone conversations during the week of camp
 - Communicate openly with the Deans about specific needs of their campers and any concerns they or their campers may have about their campers attending a sleepaway camp
-

We understand the covenant and agree to what is stated. We know that there can be consequences to campers for breaking the covenant, which may include sitting out of camp activities and even being sent home in extreme cases. We agree to be an engaged and compassionate camp community and to act in ways that are respectful to ourselves, to other campers, and to camp staff.

Camper Printed Name:

Camper Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

Notes from the Camp Nurse

Hello Campers & Families! My name is Holly Provan, and I am your Camp Nurse for 2022 UU Elementary Summer Camp and UU Counselor in Training Program. I am so looking forward to meeting everyone on July 3rd!

Camp is almost upon us and here is IMPORTANT INFORMATION:

Please bring HARD COPIES to Camp (cell service can be spotty):

- Covid Vaccination record (2nd vaccine no later than June 18, 2022)
- Copy of either negative PCR results within 24-48 hours of camp or Rapid Test results on day of departure (take photo on cell phone with name of camper and date/time)
- 4 or more Extra Rapid Covid Test Kits (if possible), labeled with your child's name
- ORDER FREE RAPID TEST KITS HERE: [COVID Home Tests | USPS](#)
- Vaccination Record Photocopy (the regular "school" vaccines, front and back)
- 1 N95 or KN95 and 8 masks to wear during week
- Insurance Card Photocopy (front and back)
- Emergency Information & Release Form
- Health History Form
- Prescription/OTC medications in original bottle (if applicable)

1. COVID IMMUNIZATION – You MUST bring a copy of your child's Covid vaccination record. A booster is not required at this time, but your child must have received the 2nd shot no later than June 18th, 2022.

2. PCR or Rapid Covid Test Results: Please bring PCR within 48hrs of camp and/or morning of departure Rapid Covid Test results saved to your phone or printed.

PLEASE Bring 4 OR MORE EXTRA COVID TESTS labeled with your child's name.

3. MASKS: Must be 2 layered cloth or surgical mask or better, plus 1 either N95 or KN95 mask

4. IMMUNIZATIONS & INSURANCE – Remember to bring a copy of your child's complete immunization record (or waiver form) AND a copy of the front and back of your child's insurance card. These items must accompany the "Release Form".

Notes from the Camp Nurse

5. **MEDICATION** – Please bring all prescription and over-the-counter medications in original, properly labeled containers in a clear Ziplock bag. Bring medications with you to the registration table so they can be registered with the Camp Nurse and transferred to the infirmary. Rescue inhalers (Albuterol) may be kept with the camper, but please notify the nurse that the camper has the inhaler.
6. **ALLERGIES** - If your child has an allergy, especially bee stings or peanuts, make sure you bring a supply of Benadryl® and an Epi-Pen (twin pak)®. The EMS response time is 30 minutes, so each camper needs two (2) Epi-pens for safety.
7. **ASTHMA & HAY FEVER** – Even if your child has not had to use their Albuterol inhaler or Antihistamine for some time, camp is the place they will probably need them. Inhalers can be kept with the camper or in the Infirmary. Antihistamine medication is kept in the infirmary.
8. **BEDWETTING** – It happens! No worries. If your child requires special accommodations, please feel free to call me at the number below to discuss your camper’s unique needs. And send along a plastic sheet to protect the mattress.
9. **ADHD/MENTAL HEALTH NEEDS** – I recommend that campers continue medications for ADHD and mental health needs while at camp. We are quite busy at camp, with planned activities throughout the day and evening, so medications that are useful at school and home can also help your child be successful at camp.
10. **SPECIAL DIETS** – While our fabulous kitchen crew can accommodate many dietary needs or preferences (i.e. vegan, vegetarian, gluten-free), it’s always a good idea to send food items to camp to supplement a limited diet plan (i.e. Gluten free breads and cereals). These items can be stored in the kitchen and lodge refrigerator. Please don’t send food to camp unless your child has dietary issues. We feed kids well!
11. **PHONE CALLS** – Please allow your camper to play and explore camp without having to check in with you each day. Keep cell phones at home, and we will call you if there is a problem. And, speaking of calling.....during camp, please feel free to call me at the number below. Leave a message and I’ll return the call as soon as I can.
12. **EMERGENCIES** – Please know that we prefer to err on the side of caution in an emergency. EMS response time is long, so we want people to get checked out before it becomes an emergency. We can handle bumps and bruises, minor cuts &

Notes from the Camp Nurse

scrapes, sprained ankles and give OTC medications. If a more serious emergency arises, this may require care down the mountain.

My name is Holly Provan, and I am a Registered Nurse. I work as a part-time School Nurse and also in Surgery in Burbank CA. I grew up attending sleep-away camps as a child and spent a week every summer at UU Eliot Institute in Washington State. I am also a mom of two very spirited elementary girls. If you would like to contact me prior to camp, feel free to email me at holly.provan@gmail.com. Please allow a day or two for response!

Thanks!

Holly Provan, RN, BSN

Camp Nurse Phone: (262) 909-5415



Emergency Information and Release Form for Youth Attending Camp de Benneville Pines

Name _____ DOB _____ Age at camp _____

Address _____ City/State _____ Zip _____

Custodial Parent _____ Phone #1 _____

Phone #2 _____ Email/SMS _____

Gender: Male ___ Female ___ Non-binary ___ Will you be out of town while your child is at camp? YES / NO

Additional Parent/Guardian or Emergency Contact (required) _____

Home Phone _____ Cell Phone _____ Email _____

If not available, Notify: _____ Relationship _____

Home Phone _____ Cell Phone _____ Email _____

Please initial each Release below and submit to camp as part of the Check-in process

Medical Release

_____(initial) Parent/Guardian Authorizations: The attached health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted below. I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the camp to arrange necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the child named above. This complete form may be photocopied for trips out of camp.

Release of Liability

_____(initial) I waive and release all claims for damages for death, personal injury or property damage that may occur as a result of engaging in camp activities. This discharges in advance Camp de Benneville Pines, its employees and other agents from liability even though that liability may arise out of their negligence. I know that being in a forest retreat setting involves a risk of accidents, and I willingly assume the risk. This waiver, release and assumption of risk is binding on my heirs and assigns.

Release of Contact Information

_____(initial) I understand my contact information above will be shared with Camp so they can keep me in the loop on what's happening all year long. Camp will not share any information with third-party entities, ever.

Photo Release

_____(initial) I give permission and consent for all persons associated with my registration to allow photographs/video to be taken during camp session activities. I further give permission and consent that any such photographs may be published and used by Camp de Benneville Pines and its agents to illustrate and promote the camp experience, Camp de Benneville Pines, and its camp programs. Camp will not identify Campers by name without their permission.

Emergency Information

Medical Insurance Company _____ (attach a photocopy of front and back of health insurance card to form)

Policy # _____ Group # _____

Restrictions: Red Meat Pork Dairy Products Poultry Seafood Eggs (circle all that apply) Other _____

Explain any restrictions to activity: what cannot be done, what adaptations or limitations are necessary (use other side for additional information) _____

Known allergies to food, medication and/or anesthetics, environmental factors (use other side for additional information) _____

Describe reaction and usual management of reaction (use other side for additional information) _____

Signature _____ Date _____

Camp Dates _____

Cabin _____

Camper Name _____

Camper Name: _____

DOB: _____

Age at camp: _____

Medications being taken

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage and the frequency of administration.

Circle one: the camper **takes NO medications** on a routine basis the camper **takes medications** as follows:

Med #1 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Med #2 _____ Dosage _____ Specific times taken each day _____

Reason for taking _____

Attach additional pages for more medications

General Questions (explain "yes" answers below)

Has/does the camper:

- | | |
|--|---|
| 1. Had any recent injury, illness or infectious disease? Y / N | 16. Ever had a back problem? Y / N |
| 2. Have a chronic or recurring illness/condition? Y / N | 17. Ever had problems with joints (e.g. knees, ankles)? Y / N |
| 3. Ever been hospitalized? Y / N | 18. Have an orthotic appliance being brought to camp? Y / N |
| 4. Ever had surgery? Y / N | 19. Have any skin problems (e.g. itching, rash, acne)? Y / N |
| 5. Have frequent headaches? Y / N | 20. Have diabetes? Y / N |
| 6. Ever had a head injury? Y / N | 21. Have asthma? Y / N |
| 7. Ever been knocked unconscious? Y / N | 22. Had mononucleosis in the past 12 months? Y / N |
| 8. Wear glasses, contacts or protective eyewear? Y / N | 23. Had problems with diarrhea/constipation? Y / N |
| 9. Ever had frequent ear infections? Y / N | 24. Have problems with sleepwalking? Y / N |
| 10. Ever passed out during or after exercise? Y / N | 25. If female, have an abnormal menstrual history? Y / N |
| 11. Ever been dizzy during or after exercise? Y / N | 26. Have a history of bed-wetting? Y / N |
| 12. Ever had seizures? Y / N | 27. Ever had an eating disorder? Y / N |
| 13. Ever had chest pain during or after exercise? Y / N | 28. Ever had emotional difficulties for which professional help was sought? Y / N |
| 14. Ever had high blood pressure? Y / N | 29. Waived or missed any scheduled immunizations? Y / N |
| 15. Ever been diagnosed with a heart murmur? Y / N | |

Please explain any "yes" answers, noting the number of the questions: _____

Name of family physician _____ Phone _____

Name of family dentist/orthodontist _____ Phone _____

Use this space to provide any additional information you believe the camp staff should be aware of regarding the campers behavior and physical, emotional, or mental health: _____

Authorization to Treat During Transportation/Carpooling to Camp

Permission Form:

My child/ward has permission to travel to and from Camp de Benneville Pines near Angelus Oaks, California. I understand that the camp is not responsible for the safety of my child until my child has been properly checked in at the time of registration. Furthermore, once my child checks out of camp on the final day, the camp is no longer responsible for the safety of my child. Unless otherwise contacted by me, my child has permission to carpool to and from camp with the following adults (**please include names of all adults permitted to pick your child up from camp, including parents**):

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Name _____ Hm Phone _____ Cell Phone _____

Emergency Authorization to Treat:

I hereby give permission to the medical personnel selected by my child/ward's driver to order x-rays, routine tests and treatment for my child/ward; and in the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the driver of my child/ward to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for my child/ward named above. This form may be photocopied. I recognize that neither de Benneville Pines, Inc., nor the Pacific Western Region of the Unitarian Universalist Association is responsible for persons car pooling to or from camp.

Signature of parent/guardian _____ Date _____

During the times my child will be transported to and from camp, you should be able to reach me:

To Camp - Phone _____ Alternate Phone _____

From Camp - Phone _____ Alternate Phone _____



What to Bring

Please pack the following items to assist your child in having a safe and enjoyable time at camp:

- Covid Rapid Test Kits (4 extra, if possible)
 - Masks: 1 N95 or KN95 and 8 other masks - these must be 2 layered cloth, surgical mask or better
 - Hat with brim
 - Sunglasses
 - Long sturdy pants (2)
 - Long-sleeved shirts (2-3)
 - Shorts/skirts (3)
 - Comfy pants (1)
 - T-shirts/tank tops (6)
 - Sweatshirt or jacket (evenings can get chilly!)
 - Pajamas
 - Clean underwear (8)
 - Socks (6-8)
 - Bathing Suit
 - **Closed toed shoes suitable for hiking (2 pairs)**
 - Sleeping bag or sheets and blanket
 - Pillow
 - 2 towels—1 for the pool, 1 for personal use
 - Dirty clothes bag
 - Prescription meds (if needed) in original med bottle
 - Soap, shampoo, comb and/or hairbrush
 - Toothbrush and toothpaste
 - Bug spray/repellent
 - **Sunscreen(at least SPF 30) and lip balm (with SPF)**
 - Journal for drawing and reflections and 2-3 pens/pencils
 - Flashlight/headlight and fresh batteries
 - **Water bottle — refillable**
 - Backpack for carrying water bottle, book, camera, journal, sunscreen, etc., around camp
- Optional:**
- Books, jokes, skits, stories, games
 - Camera and fresh batteries
 - Flip flops — ONLY for use at the pool!
 - Items that bring you joy and help you be your best self :)

Bring two (2) all white, 100% cotton items in large ziplock baggie for tie-dying

Leave cell phones and electronic games at home!

Please LABEL every item you send to camp with your camper's full name

— it helps with lost and found!!



If you need to reach camp, here's some handy information:

Janet James, Executive Director:

Cell phone: (909) 435-6298 Email: director@uucamp.org

Marianne Swift-Gifford, Camping Ministries Director:

Cell phone: (760) 908-179 Email: cmd@uucamp.org

Laura Chamberlin, Registrar:

Voice Mail: (909) 794-2928 Email: registrar@uucamp.org

Holly Provan, 2019 Elementary Summer Camp Nurse:

Cell phone: (262) 909-5415 Email: holly.provan@gmail.com

Camp Office: (909) 794-2928

Camp Lodge: (909) 794-8712

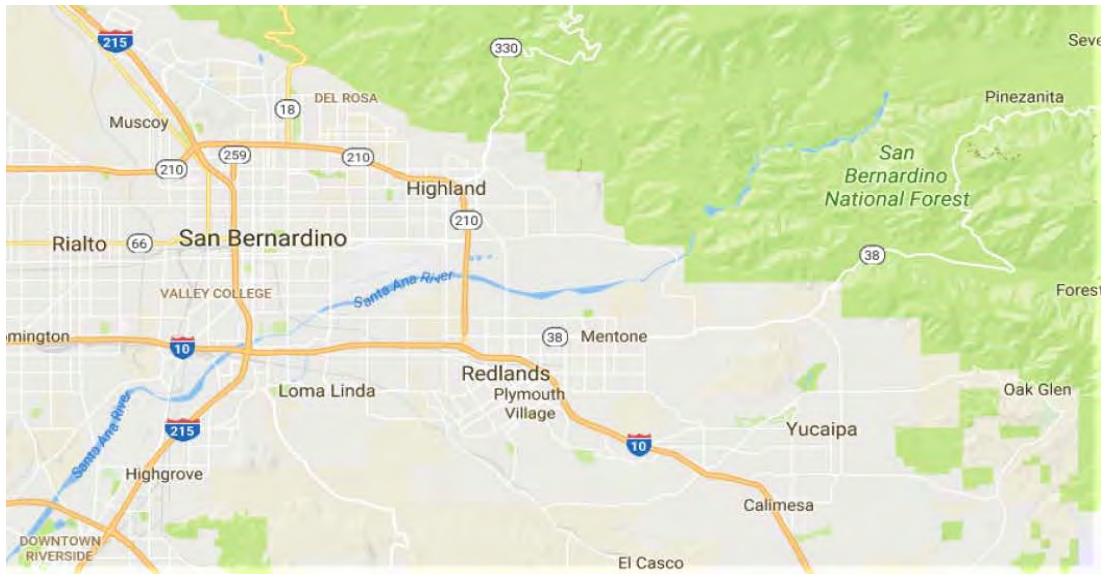
Camp Email: uucamp@aol.com

Camp Website: www.uucamp.org

Camp Address: 41750 Jenks Lake Road West, Angelus Oaks, CA 92305

Directions on website: <http://www.uucamp.org/about-2/directions-to-camp/>

DIRECTIONS to Camp de Benneville Pines



- Arizona:** Take the I-10 West to Exit 85 - Oak Glen/Live Oak Canyon Rd. Turn right on to Oak Glen Rd. Follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Orange Co:** Take the 91 Freeway toward Riverside until it become the I-215 East toward San Bernardino. Take the I-10 East to Redlands. Follow the directions in **BOLD below** from Redlands.
- Las Vegas:** Take the I-15 South to San Bernardino. Take the 210 East to Redlands. Exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Fernando Valley:** Take the 101 East to the 134 East to the 210 East. In Redlands, exit at San Bernardino Ave. Go through the light to the next street, Lugonia/Hwy 38. Turn left and follow the directions in **BOLD below** from Hwy 38.
- San Diego:** Take the I-15 North to the I-215 East toward San Bernardino. In Moreno Valley, take the 60 East to the Redlands Blvd exit. Turn left and go North on Redlands Blvd until it dead ends at San Timoteo Canyon Rd. Turn left and continue approximately 1 mile to Live Oak Canyon Rd. Turn right and continue over the 10 Fwy, where the name changes to Oak Glen Rd. Continue through Yucaipa to Bryant St. Turn left and follow the directions in **BOLD below** from Hwy 38.
- Ventura:** Get on US-101 and exit onto I-210 East. Continue on I-210 and exit at Live Oak Canyon Road. Turn left, follow the road across Yucaipa Blvd and continue to Bryant St., turn left and go to Hwy 38. Turn right. Follow the directions in **BOLD below** from Hwy 38.
- Redlands:** From I-10, take University exit. Turn left on University. Turn right on Lugonia/Hwy 38. Follow the directions in **BOLD below** from Hwy 38.
- From Hwy 38:** Follow Hwy 38 toward Big Bear, up into the mountains. At the road to Forest Falls, bear to the left, continuing on HWY 38. At the top of the mountain, pass through the town of Angelus Oaks and continue another 5.5 miles. Turn right on to Jenks Lake Road, West. The sign for Camp de Benneville Pines will be on the right, approximately 1.5 miles up. (If you see the sign for Seven Oaks on Hwy 38, you have missed the Jenks Lake turn. Go back to Jenks Lake Road, West.



In an emergency: proceed to the Volleyball Court. Check in with your camp coordinator for instructions.

creek hike

staff

Craig's

pool & spa

amphitheater

6

maintenance

trails

3

5

7

8

library/PSWIRL

1

director

first aid

Crafts

Homert Lodge
(pronounced O'May)

one way

one way

one way

playground

volleyball court

coffee house & camp office

basketball court

labyrinth

campfire circle

Archery

lake

Parking Lot & Entrance
Back in for emergency evacuation.

41750 Jenks Lake Road West
Angeles Oaks, Ca. 92305
Camp (909)794-2928
Lodge (909)794-8712



map 4/8/2019
www.LindaLuisi.com